

Student Health Advisory Council (SHAC)

September 13th, 2024

1pm-2pm

Agenda

Walter J. Hawryst Recreation Center - Multipurpose Room

1. Attendance and Introductions

Kerri Mahoney (Director, CPO)

Samantha Warren (Coordinator of Health Education, CPO)

Smita Majumdar Das (Executive Director, CAPS and CPO)

Marisa Bisiani (AVP, SHWPS)

Sanjana Iyer (CPO Peer Educator)

Wendi Matthews (Executive Director of Student Accessibility & Behavioral Intervention)

Jeffica Laborde (Care Coordinator, CAPS)

Christina Jayarajan (CPO Peer Educator)

Morgan Meader (CPO Peer Educator)

Elizabeth Mensch (Nurse Practitioner, SHS)

Karen Dybus (Interim Director of Patient Services and Operations)

Rob Alpi (Marketing and Communications Coordinator, SHWPS)

Simran Kaur (CRAFT Team)

Adam Pilipshen (CRAFT Team)

John Obi (CRAFT Team)

Nick Lajoie (Care Manager, SASC)

Ahmed Belazi (CRAFT Team)

Kaylen James (USG Representative)

Luis- Jaime Casenas (CPO Peer Educator)

Shriram Hegde (USG Representative)

Ayushi Pandya (CPO Peer Educator, PPGA)

Emily Adamo (CPO Peer Educator)

Maeve Song (CPO Peer Educator)

Alyssa Torres (CPO Peer Educator)

2. CRAFT Team Survey Ahmed, Simran, Adam, John

a. Ahmed.w.belazi@stonybrook.edu

b. craft@stonybrook.edu

c. Gathering information around health insurance

i. Feedback on how to get the feedback on the health insurance

ii. Student Insurance- any full time student must have medical insurance to cover outpatient and emergency. If you don't have a plan you can purchase coverage through SBU as a student health insurance plan -

looking into how we can offer more things like vision and dental, looking for feedback on what is important to students to cover even if costs a little extra

1. About 2400 domestic students are enrolled, all international students must have the student insurance plan
- iii. Karen- Student Health insurance is separate from broad based fees, broad based fees help to support SHWPS services and allow you to be seen by SHS, caps etc without cost. Medical insurance used by outside providers and emergency room etc.
- iv. Ahmed- student health insurance provided by United Healthcare, can be used anywhere in the country for medical coverage
- v. What are the kinds of curiosities we want to put into a survey to get to good questions for the services?
 1. Dental and Vision benefits - how do students feel about these? Paying more for these?
 2. Zoom back out - what are questions students have?
 - a. Are there fees associated with going to outside providers? Co-pays?
 - b. Do you have to pay immediately or can you add to your Solar and pay with loan? How do students pay for health insurance? Can you use financial aid or loans?
 - c. Does it cover toothaches? What does it cover?
 - i. Wisdom teeth removal? What a dentist will do or what an oral surgeon will do?
 - ii. Orthodontist work- retainers
 - iii. Invisalign
 - d. Is there a deductible? What is a deductible?
 - e. For undergrads- informational sessions about insurance and medical vocab - health advocacy
 - f. Teeth cleaning every 6 months or more and whitening
 - g. Where can students go for dental work? Are their dentists in the area?
 - h. Where would the plan cover if they go out of state? - annual enrollment
 - i. Vision- how often can students get new glasses or new contacts
 - j. Can they have the dental and vision plan only? Separate from the medical insurance
 - k. Graph / side by side that lays out the student option vs. another insurance especially for out of state students
 3. CRAFT - we think the tool would be a survey, what do students think? If you got a survey in your email would you open it?
 - a. Surveys - more likely if you have a chance to win a plushie or gift card - Stony Brook swag

- b. Other ideas- ig post,
- c. Give the students QR codes at SHS or CAPS after appointments
- d. Multiple streams- some students who check email, some who don't - use all the different outlets
- e. Welcome week - SAC Plaza
- f. Parent newsletter - careful about separating out parent response vs. student response
- g. Limiting to one response per student - are they okay with signing into your net id? Yes- it's easy/they are used to it, use face idea
- h. Collaborate with departments to stream at events

3. Updates

- a. SHS
 - i. Started off with a bang - busy seeing students - colds, sore throats, some covid
 - ii. Searches for hiring new staff nurse and medical assistant, pa and nurse practitioner
 - iii. Student office assistant positions available, need shifts Monday, Tuesday and Friday - reach out to Karen.dybus@stonybrook.edu
- b. CAPS
 - i. Appointments and numbers are up, medication management individual therapy and case management services, TimelyCare, CAPS Crisis Line
- c. CPO
 - i. Big highlights for the semester
 - 1. Next Tuesday 9/17 Be Well Fest - tie dye, stress balls, dj, ice cream truck with a Flu Vaccine Clinic - register beforehand for an appointment - there will be 5 more additional dates this semester
 - a. Have Flu and Covid vaccines
 - 2. SHS has flu vaccines in stock now- call for an appointment
 - 3. Bystander Trainings - starting with May 2028 grads will include Hands Only CPR for Upstander Cord and Award
 - 4. Awareness Walks 9/30 Walk of Hope, 10/30 Take a Stand for DVAM at the SAC Plaza
 - 5. Health Products- Added sun safety, also adding in the next few weeks "Bug Bite Prevention" with info card about west nile and preventing bug bites
- d. SST - Meditation Room
 - i. SAC 226
 - Hours M-F 8:30am - 7:30pm
 - Teacher led sessions M-F 5:00pm - 7:30pm
- e. SASC- Sensory Room
 - i. Grand Opening Wednesday September 18th 12pm-1:50PM TAC G01
 - 1. Tabler Arts Center, Tabler Quad - free snacks

- ii. New Staff and new positions - have two learning specialists now for skill based tutoring
 - f. CARE
 - i. Office looks at reported behaviors and students and where the risk is for the student and community
 - ii. Working on changing what the care team does and working on the positive language about connecting to resources and more outreach throughout the year
 - iii. Online form- you can fill it out and submit and will help to walk you through what behaviors you might be noticing - will come straight to the care team and see how they can support the students
 - iv. Developing website with more info about what they do and the process with the services they offer
4. Updates on Broads Based Fees (Dr. Marisa Bisiani)
- a. Broad Based Fee - Counseling and Health Fee - covers students to come to SHS and Counseling Center, TimelyCare program and all prevention services including free health products and covers some salaries
 - b. This year the BBF did go up slightly \$203.50 to 224.50 this semester
 - c. This committee is here to help us decide how to use that money and for suggestions, this is the first raise in the fee in 3 years, historically it raises about 3% every year, to it went up about 9% this year

Question: When making an appointment there wasn't an option to select an injury? There was specifics but not everything you can select, where you can self schedule - Don't yet have a self schedule for everything yet- you can call to make an appointment

Would have to figure out provider schedules and so that students make the appropriate appointment along with the front desk schedule

Why the ppd was discontinued? There used to be 10 doses in a vial, now it is well over \$100 a dose, makes more financial sense to do the quantiferon - TB tests

5. Upcoming Meeting Dates and Times
- a. October 3rd 1-2 pm
 - b. November 1st 1-2pm
 - c. December 6th 1-2pm
6. Open Agenda