

## **Student Health Advisory Council (SHAC)**

**February 7th, 2025**

**1pm-2pm**

Agenda

### **Recreation and Wellness Multipurpose Room**

#### 1. Attendance

Kerri Mahoney (Director, CPO)  
Samantha Warren (Coordinator of Health Education, CPO)  
Vivien Llanes (Outreach Specialist, CPO)  
Karen Dybus (Interim Director of Patient Services and Operations)  
Rob Alpi (Marketing and Communications Coordinator, SHWPS)  
Simran Kaur (CRAFT Team)  
John Obi (CRAFT Team)  
Nick Lajoie (Care Manager, SASC)  
Michael Bordes (Assistant Director, CARE Team)  
Catherine McHeffey (Counselor, CAPS)  
Oren Shefet (Associate Director, CAPS)  
Brandon Bjertnes (Associate Director of the Student Support Team, SST)  
Khadijah Morgan (Student Support Associate, SST)  
Christina Jayarajan (CPO Peer Educator)  
Morgan Meader (CPO Peer Educator)  
Kaylen James (USG Representative)  
Shriram Hegde (USG Representative)  
Emily Adamo (CPO Peer Educator)  
Aryan Sharma (USG Representative)  
Daniel Terlikowski (CPO Peer Educator)  
Ethan Gibbons (CPO Peer Educator)  
Azeem Siqqiqui (Self Selected)  
Mateen Khan (Self Selected)  
Vangala Srinivasa Chandra Mourya (GSO)

#### 2. Introductions for new student members

#### 3. Update on Counseling and health fee - Dr. Marisa Bisiani SHAC review and overview of Health and Counseling Fee

#### 4. Updates

- a. SST - Brandon Bjertnes
  - i. Challenges related to knowing where to connect to resources, financial constraints, Suite 106

- b. SASC - Nicholas Lajoie
  - i. Renewal Appointments for each semester
  - ii. Sensory room is open in Union 107 - 9am-4pm, tabler Monday- Sunday 8:30am-9pm
- c. CARE - Michael Bordes
  - i. Report any concern about a student's physical or mental wellbeing or need to be connected to services
- d. CPO - Kerri Mahoney
  - i. Brief overview of CPO - Bystander trainings, new workshop series, Survivor Advocacy, health products program,
    - 1. Peer Education Program Application process starts new week
      - a. 1 credit and 3 credit tracks, attend an information session to receive the application - all the Info Sessions are on SBEEngaged/Corq app
- e. SHS - Karen Dybus
  - i. Seeing a lot of patients, Upper Respiratory Illness and Flu
  - ii. Busy but currently hiring new providers, Students can still utilize TimelyCare for same day appointments
- f. CAPS - Oren Shefet
  - i. Hiring new counselor, starting today
  - ii. Make an appointment online or call
  - iii. Group Programs: LGBTQ+ group, grief group, Black Women's Support Group, Asian and Southeast Asian Women's Group

Q: Does CAPS no longer have a limit for appointments?

A: Having a set number of sessions isn't helpful for most students, so there is not limit but CAPS does try to stick to a Brief Therapy Model but number of appointments will be based on the student, if a student requires more time then CAPS can refer to a therapist in the community to get more care

- 5. Craft Team - Student Insurance Survey - Ahmed Belazi, Simran Kaur, John Obi\
  - a. [Survey Preview](#)
  - b. Feedback from the committee
    - i. Incentives- gift cards, SBU sweaters and swag, wolfie plushies, stanley cups
    - ii. Emails - can it be from wolfie?
    - iii. Tabling have students and pro staff table together with info and raffle prize example
    - iv. QR codes around campus
    - v. State in the beginning how much time it will be able to take before starting
- 6. Upcoming Meeting Dates and Times
  - a. March 7th 1pm-2pm
  - b. April 4th 1pm-2pm

7. Open Agenda

- a. Update SHAC Roster
- b. USG Mental Health Gala - in the planning process Tentative date March 6th