

Student Health Advisory Council (SHAC)

November 1st 2024

1pm-2pm

Meeting Minutes

Union 111-02

1. Attendance

Samantha Warren (Coordinator of Health Education, CPO)
Vivien Llanes (Outreach Specialist, CPO)
Smita Majumdar Das (Executive Director, CAPS and CPO)
Karen Dybus (Interim Director of Patient Services and Operations)
Nick Lajoie (Care Manager, SASC)
Elizabeth Mensch (Nurse Practitioner, SHS)
Kerri Nasta (Care Manager, CARE Team)
Rob Alpi (Marketing and Communications Coordinator, SHWPS)
Emily Adamo (CPO Peer Educator)
Daniel Terlikowski (CPO Peer Educator)
Helen Li (CPO Peer Educator)
Maeve Song (CPO Peer Educator)
Christina Jayarajan (CPO Peer Educator)
Shriram Hegde (USG Representative)
Laiba Rajput (USG Representative)
Luis- Jaime Casenas (CPO Peer Educator)
Kaylen James (USG Representative)
Aryan Sharma

2. Updates

- a. SST
- b. SASC
 - i. Professional staff proctors needed for finals
 1. 300% increase of exams so SASC is booking out rooms in advance
 2. Students should book exams in advance and pro staff volunteers are needed
- c. CARE
 - i. CARE team is working on getting someone to come in and do training for threat recognition
 - ii. Students should know if they have any friends they are concerned about they can make an anonymous referral on the CARE team website
- d. CPO
 - i. Upstander Conference November 9th 9am-5pm Saturday

1. Offering all 4 bystander trainings that day in the Union auditorium, great time to complete trainings if students need to complete by end of the semester
 2. Breakfast and lunch is served
 3. SBVAC is joining to do CPR trainings
 4. All awards are given in the spring, the conference is just another opportunity to complete the trainings
- ii. Upcoming CVS flu clinics, located in Union Ballroom
 1. November 7th from 10am-3pm
 2. December 6th from 9am-2pm
 - iii. Planned Parenthood Mobile Clinic
 1. Monday 11/18 from 10am-4pm
 2. Full service clinic, they take walk ins and do appointments
 3. Can also come to see a tour of their bus
 4. Free or can go through insurance?
- e. SHS
- i. Pregnancy Options Resource Card Feedback
 1. There is a mandate that SHS must have info specific about getting an abortion
 2. SHS has created new card with all information laying out all different options if a student becomes pregnant
 3. Feedback from students/staff:
 - a. Great card, comprehensive and should be placed in as many places as possible for it to be available to get this info to students
 - b. Potential for a QR code on the card
 - c. Potential to list resources for partners and that they can also go to CAPS; use a better word than partner
 - d. Idea of a QR being added to scan for more information
 - e. Idea to change it to "There are 3 options" instead of "You have 3 options" to be less aggressive
 - f. If anyone has follow up after or if they show their friends they can reach out to Rob
 - ii. Ongoing flu pods
 1. Dates to be shared by Karen and added
 2. One in November in Chapin
 3. Others in the Rec
 4. SHS has used well over half of flu vaccinations they had and flu pods are successful
 - iii. NYSCHA meeting 11/13 - 11/13/24
 1. Karen, Dr. Bergeson, Sanjay all going and excited to bring back new information and are also presenting
 - iv. SHS satisfaction survey

1. SHS and CAPS worked with CRAFT team to come up with a much shorter version of the survey to get more patient satisfaction info on a weekly basis
2. SHS always looking for ways to improve and looking for more completion of satisfaction surveys
3. SHS still looking to hire another OBGYN so they understand the frustration that some students have with getting appointments, they are working towards improving upon that and get someone hired as soon as they can
4. Question: COVID boosters discontinued? Yes, due to less foot traffic to get the covid boosters and they are costly but CVC flu pods do offer them, you can get both flu and covid booster at the same time

f. CAPS

i. CAPS satisfaction survey

1. Goes out to anyone after any appointment, low return rate but there cannot be an incentive to encourage students to complete the survey
2. average rating 8.8/10 students are happy with the services provided
3. Also some qualitative feedback being taken into consideration

ii. Group counseling

1. Skill based groups and other groups? Going very well and next semester 3 different groups will be offered

iii. Post Election Drop in Space

1. Next week CAPS will provide from 4-5pm post election space to talk about whatever is going on; starting on Wednesday after the election and going on for a week (6 days)
 - a. There is a flyer that will be shared out
2. If students feel they need more counseling support on top of the post election drop in space they can get that too
3. Students please remind friends that Timely Care is as good as CAPS- CAPS moving to primarily providing in person services; if someone wants a counselor online they should use Timely Care if they are not willing to come in person; timely care is all licensed therapists as well

3. Upcoming Meeting Dates and Times

- a. December 6th 1-2pm Rec and Well Multipurpose Room

4. Open Agenda