

Student Health Advisory Council (SHAC)

October 4th, 2024

1pm-2pm

Meeting Minutes

Walter J. Hawryst Recreation Center - Multipurpose Room

1. Attendance and Introductions

Kerri Mahoney (Director, CPO)

Vivien Llanes (Outreach Specialist, CPO)

Smita Majumdar Das (Executive Director, CAPS and CPO)

Karen Dybus (Interim Director of Patient Services and Operations)

Nick Lajoie (Care Manager, SASC)

Jeffica Laborde (Care Coordinator, CAPS)

Elizabeth Mensch (Nurse Practitioner, SHS)

Kerri Nasta (Care Manager, CARE Team)

Brandon Bjertnes (Associate Director of the Student Support Team, SST)

Ayushi Pandya (CPO Peer Educator, PPGA)

Emily Adamo (CPO Peer Educator)

Daniel Terlikowski (CPO Peer Educator)

Helen Li (CPO Peer Educator)

Nikita Cook (CPO Peer Educator)

Maeve Song (CPO Peer Educator)

Morgan Meader (CPO Peer Educator)

Christina Jayarajan (CPO Peer Educator)

Alyssa Torres (CPO Peer Educator)

Sanjana Iyer (CPO Peer Educator)

Shriram Hegde (USG Representative)

Laiba Rajput (USG Representative)

2. Updates

a. SHS

i. Flu Pods at Rec Center underway in month of October

1. Flu pods from 5-8pm and 12-2pm, partnering with Rec; students can walk in and they are free
2. Flu vaccines are available at SHS
3. CPO also arranging a series of CVS Flu pods

ii. Flu vaccines available at SHS

1. Can call for appointment or walk in

iii. Due to high volumes of students, some students are reporting difficulty getting an appointment; however if they schedule and make an appointment they should be able to get one within a day or so

- iv. If possible use Timely Care for after hours or if it can be a virtual appointment
 - b. CAPS
 - i. Groups started (Grief, LGBTQ, SA women, DBT informed, Latin Students)
 - 1. Available to all students
 - ii. 23% increase in CAPS student seeking services
 - 1. Students want to be seen in person, there 60 appointments a week for new appointments
 - 2. If students want to be seen virtually please use Timely Care, must be 18 or older and if younger than 18 they must get parental consent and same goes for CAPS as well; some exceptions
 - iii. Role of case management
 - 1. The team can connect students to the providers that they need ie long term therapy, psychiatry, etc. ; they coordinate these services for students using their insurance
 - 2. Case managers take care of walk in students, especially if the student in crisis
 - 3. Case managers can also link students to Krasner Psychological Center
 - c. CPO
 - i. Student led recovery group called Sober Brook, it is student led and being in recovery is not required, Thursday at 4pm in CPO office for anyone in recovery, sober, sobercurious, wanting to support, etc.
 - ii. Planned Parenthood Bus coming to campus 10/18!
 - 1. Mobile clinic coming 10/18 and 11/18 in the SAC parking lot
 - iii. Seniors and Upstander Award
 - 1. Seniors must complete all 3 by end of this semester
 - 2. 950 seniors have taken at least 1 one of the bystander trainings so remind those students to do the rest of the trainings by the end of this semester if they want to receive the UpStander Award!
 - d. SST
 - i. Meditation Room
 - 1. Located in SAC 226, Open 8:30-7:30pm M-F and guided sessions are 5-7pm M-F
 - e. SASC
 - i. Disability is Diversity tie-dye event 10/9 from 12pm-12:50pm Union Patio
 - ii. Trick-or-Treat in the Union 10/31 from 11-2pm Union lobby
 - 1. Anyone can join for both events
 - f. CARE
 - i. The CARE Team is working hard on their website, changing some language, and building their resources.
3. Domestic Violence Awareness Month Introduction and Events (VIPRE Peer Ed Interns)
- a. Connect, Create, Advocate event for DVAM 10/29 from 5-8pm

- b. Take a Stand, Walk With Me march on 10/30 at 1pm
 - c. See SB Engaged for all other DVAM events like Expert Series, One Love Workshops, etc.

- 4. Upcoming Meeting Dates and Times
 - a. November 1st 1-2pm (*This meeting will be held in the Union 111-43)
 - b. December 6th 1-2pm

- 5. Open Agenda