

Recreation and Wellness Advisory Board Meeting Minutes

Friday March 11, 2022 : 12:00 pm – 1:00 pm

Attendees: Dr. Marisa Bisiani (AVP), Matt Jacob (Intramural Sports), Juliana Hise (SHAC), Emma Waechter (Aquatics), Terrell Amparado (RAW), Marlene Kasman (RAW), Tom St. John (RAW), Alexa Rinaudo (Student Health), Pam Pfiel (Professional Staff), Ric McClendon (Dean of Students), Emma Cardona (Office of Student Life), Tiffany Martin (SH), Pujan Patel (USG), Katherine Ng Sang (RAW Student workers), Alex Birchmore (Club Sports)

I. Introductions: Tom welcomed everyone and introductions were made around the room and on zoom.

II. Staff Updates: (Tom)

- Assistant Director of Fitness and Wellness has been hired. Erin Maurno was a graduate student at SBU teaching fitness classes and working at the challenge course. Post-graduation, Erin worked in fitness at Syracuse and West Chester University. We are looking forward to having Erin return to SBU with her talent and great personality.

III. Facility and Field Updates (Tom)

- a) South P Field Complex and Facility – Watercraft will be turning the water next week. This will allow the restrooms to be open for clubs and rentals.
- b) Building at South P has been redone with new flooring, new furniture and paint. This can be used by the clubs. It is rare that club sports has their own fields and clubhouse!
- c) Intramural fields – No news since last month's report. Grass was put down but we are still looking to turf those fields. Participation in outdoor intramural sports was down this season. Students expressed that it was inconvenient to go to South P fields.
- d) Recreation Center – Wood floor on courts, fitness studios and platforms were refinished during the break.

New chiller is expected to be up and running by April 2022

New platforms were purchased for the 2nd floor to alleviate some of the congestion in the weight room. Some students expressed an interest in putting the stretching area back to the way it was and students were dropping the weights so they were moved to the first floor.

All treadmills and elliptical's were replaced with Precor state of the art treadmills.

A new strength bench was purchased. Old pieces are offered around the campus.

Unclaimed/unwanted pieces are traded in and we get a small credit towards the purchase of the new equipment.

Bikes will be replaced next fiscal year. They are currently out of warranty.

Campus Residences has arranged a contract with Fitness Resources to repair and replace broken equipment. We will be utilizing the same contract.

New tables and chairs are in the multi-purpose room. The old tables and chairs were donated to the SAC. The conference room has been painted, a new floor was put in, a glass dry erase board and the table and chairs are in. We are awaiting hookup of a new television.

VI. Recreation Center Area Updates

a) Aquatics (Emma)

Currently offering open swim three times per day Monday – Friday.

No update from Athletics on the locker rooms at the pool

b) IM (Thomas) Currently IM is playing basketball, ultimate Frisbee and dodgeball. 63 total teams are registered.

Upcoming off campus trips – Yankees, Nets and Top Golf

Last week went bowling and ice skating was scheduled but cancelled because of the weather.

c) Club Sports (Tom)

As said earlier, we are taking over the management of the coaches from USG

d) Staff (Marlene) – We will have a large turnover this year with many students graduating. Terrell held a staff meeting last week to allow the students to network and make sure that all policies were uniform among the different coordinators.

58 students have been certified in CPR/AED and basic first aid.

e) Fitness (Terrell) Classes are filling up. Most popular are RAD, PGB and yoga.

'1

V. Open Agenda

Dr. Bisiani spoke about the covid testing that is being done on the MAC Court. She will continue to watch the rates before making any decision about closing the sites. Mask mandate is keeping numbers down.

Q) PF said her 101 class mentioned that more ab machines are needed. TSJ will look into it.

Q) RM asked how we vision use for the student life fee. MK mentioned the popularity of off campus trips and said she believes more trips should be offered by student engagement.

RM suggested day trips to NYC, Philadelphia and local places where students can go and spend a day possibly getting a haircut, shopping, etc.

Next Meeting April 8, 2022