

# **Spring 2022 Workshop Catalog**

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# **Monday Workshops**

#### **Nature Photography: Gems of Long Island**

**Dates:** 2/14/2022 - 5/2/2022 **Times:** 8:30 AM - 9:45 AM

Days: M Sessions: 11 Format: Zoom

Instructor: Susan Steinmann,

**Robert Steinmann** 

We will continue exploring Long Island as opportunities for photography and tips for photographing in the woods, at the seasides and ponds, and how to photograph birds, flora and fauna while you hike. The joys of dappled light and where to find birds and spectacular vistas to capture in wide angle shots and/or close ups and the needs and pitfalls of each.

Workshop Format: A mix of leader presentation and participant discussion

Not in session 3/14.

#### **Shakespeare Uncovered**

**Dates:** 2/14/2022 - 5/2/2022 **Times:** 10:00 AM - 11:30 AM

Days: M Sessions: 11 Format: Zoom

Instructor: Michael LoMonico

Using the PBS series, Shakespeare Uncovered as a starting point each week, we will look at Shakespeare's major tragedies as well as those problem plays that scholars refer to as Romances.

The series reveals not just the elements in the play, but the history of the play itself. What sparked the creation of each of these works? Where did Shakespeare find his plots and what new forms of theater did he forge? What cultural, political and religious factors influenced his writing? How have the plays been staged and interpreted from Shakespeare's time to now? Why at different times has each play been popular — or ignored? Why has this body of work endured so thoroughly? What, in the end, makes Shakespeare unique?

Members need not read the plays in advance, though.

Workshop Format: A mix of leader presentation and participant discussion

#### **Cooking Tasty Meals for One**

**Dates:** 2/14/2022 - 5/2/2022 **Times:** 10:15 AM - 11:30 AM

Days: M Sessions: 10 Format: Zoom

**Instructor: Louise Spangle** 

Each week we will discuss different categories of food. My focus is easy, quick recipes that can be scaled down to serve 1-2 or can be frozen as single servings to eat later. Participants are invited to share recipes and meal ideas. Our goal is to enjoy a variety of meals during the week, without settling for eating the same dish for days on end. Will include vegetarian and vegan recipes. I will provide label reading and food safety tips.

Workshop Format: A mix of leader presentation and participant discussion

Supplies Needed: Participants will supply their own food and basic cooking equipment to prepare recipes on their own later. Simple cooking skills. Beginning cooks welcome.

Not in session 3/14 & 4/18.

#### **Poetry Workshop**

**Dates:** 2/14/2022 - 5/2/2022 **Times:** 10:15 AM - 11:30 AM

Days: M Sessions: 11 Format: Zoom

Instructor: Geri Kaplan, Bob

Stone

The focus of this workshop is the craft of writing poetry.

Participants bring in their poetry and share their work with the group. The goal is to point out the strengths of the writing with the goal of encouraging the writer to continue writing and improve their skills in writing poetry.

Workshop Format: Primarily participant discussion

Not in session 3/14.

#### Environmental Cardening for Long Island with an emphasis on food gardening

**Dates:** 2/14/2022 - 4/25/2022 **Times:** 10:15 AM - 11:30 AM

Days: M Sessions: 10 Format: Zoom

**Instructor: Caroline Kiang** 

The theme is to have some understanding about the environment conditions - climate, soil, and water - on Long Island for planning a home vegetable garden in your backyard. The objectives are to gain skills for planning and growing food successfully at home; to share experience & knowledge in gardening both indoors & outdoors with other gardeners; to form a virtual garden club and interact with others year round.

Workshop Format: Primarily workshop leader presentation

Not in session 3/14 & 5/2.

#### Photography Before Photoshop, Part II

**Dates:** 2/14/2022 - 5/2/2022 **Times:** 12:00 PM - 1:15 PM

Days: M
Sessions: 11
Format: Zoom

Instructor: Frank De Rubeis

This is Part Two of a basic course in the fundamentals of photography from smartphones to digital single lens reflexes. The purpose of the course is to understand and use digital photography. While Part One of the course emphasized the technical aspects of photography, Part Two will cover more of the techniques used in photography. This includes using artificial light, color and black and white photography, printing, scanning, mounting and framing, and a review of photography software. While it is not necessary to have taken Part One of this course, the photographer should be familiar with the basic controls of the camera and the various elements for determining an exposure.

Workshop Format: Primarily workshop leader presentation

Supplies Needed: Participants should have a camera or smartphone.

Not in session 3/14.

#### **Current Events**

**Dates:** 2/14/2022 - 5/2/2022 **Times:** 12:00 PM - 1:30 PM

Days: M
Sessions: 11
Format: Zoom

Instructor: Robert Ober, Murray

Rawn

Participant discussion of current events, with occasional

emphasis on politics and changing laws.

Workshop Format: Primarily participant discussion

Not in session 3/14.

#### A Celebration of Rock and Soul Music

**Dates:** 2/14/2022 - 5/2/2022 **Times:** 12:00 PM - 1:15 PM

Days: M
Sessions: 11
Format: Zoom

Instructor: Bob Hayes

In this course we will view and listen to some of Rock and Soul Music's greatest performers. Besides enjoying some of their finest songs and albums, we will explore their early, formative years. This will help us to better appreciate and understand their musical craft. Our class is designed to be interactive, with class participation being most welcome. Your thoughts and experiences about the music of the era can add greatly to our grasp of each of the artists we will view. For example, your recollection of a particular song or album adds to our appreciation of the music. Also, if you attended any concerts of the performers we discuss in class it would be great to hear your experiences.

Workshop Format: A mix of leader presentation and participant discussion

#### **Digesting a Good Book**

**Dates:** 2/14/2022 - 4/25/2022 **Times:** 12:00 PM - 1:15 PM

Days: M Sessions: 3 Format: Zoom

**Instructor: Dana Geils** 

This workshop only meets three times on the following dates: 2/14, 3/21, & 4/25.

Read a book. Have a lively discussion with other OLLI members in a friendly atmosphere. Examine the style and quality of the writing, the characters, the plot, the themes/problems explored and consider the what-ifs, hows and whys as well. Reading both fiction and nonfiction, we will be reflecting on the issues addressed, thinking about how our own experiences affect our understanding of the material and what our reactions are to comments other members have made.

Workshop Format: Primarily participant discussion

Supplies Needed: Members are expected to have read the selected book for each session. We will meet once a month.

- Session 1 (2/14): The Sweetness of Water by Nathan Harris
- Session 2 (3/21): The Human Stain by Philip Roth
- Session 3 (4/25): Born a Crime by Trevor Noah

#### Gandhi: His Life and Legacy

**Dates:** 2/21/2022 - 5/2/2022 **Times:** 1:45 PM - 3:00 PM

Days: M Sessions: 10 Format: Zoom

Instructor: Narayan Hegde

Writing about himself in 1934, Gandhi said: "I make no hobgoblin of consistency. If I am true to myself from moment to moment, I do not mind at all the inconsistencies that may be flung to my face." Albert Einstein, writing about Gandhi in 1944, said: "Generations to come, it may be, will scarce believe that such a one as this even in flesh and blood walked upon this earth." Gandhi's legacy and relevance to the contemporary world has been a much debated subject. Through a sampling of both autobiographical and biographical selections - including Richard Attenborough's classic movie "Gandhi" - to the extent it is feasible in a virtual classroom, the workshop will explore the life and legacy of Mahatma Gandhi.

Workshop Format: A mix of leader presentation and participant discussion

Not in session 2/14 & 3/14.

There may be an additional day that this workshop will not be in session during the Spring 2022 semester. In the event that the workshop leader needs to cancel a session, he will notify all workshop participants via email.

#### **Topics in Wellness and Aging**

**Dates:** 2/14/2022 - 5/2/2022 **Times:** 1:45 PM - 3:00 PM

Days: M Sessions: 10 Format: Zoom

Instructor: Lou D'Onofrio

General topics to be discussed include nutrition, physical activity, mental activity, sleep, stress management, social activity, self care and aging. The objective of this course is to learn about the

healthy lifestyle choices that will help us as we age.

Workshop Format: A mix of leader presentation and participant

discussion

Not in session 2/21 & 3/14.

#### Thinking as a Second Language

**Dates:** 2/14/2022 - 5/2/2022 **Times:** 1:45 PM - 3:00 PM

Days: M Sessions: 11 Format: Zoom

Instructor: Robert Ober, Bruce

Stasiuk

This free-range workshop will inform participants that pineapples don't grow on trees and why one needn't finish reading the book, Blink. We'll discover just how long a Twinkie remains edible, and why glossy magazines shouldn't be read in the doctor's waiting room. We'll uncover truths behind the dimmer switch and why there's no mnemonic device to assist in spelling 'mnemonic'. This workshop, which will make no mention of mercantilism, is now available in high definition, and is suitable.

Workshop Format: A mix of leader presentation and participant

discussion

Not in session 3/14.

#### Watercolor for Beginners

**Dates:** 2/14/2022 - 5/2/2022 **Times:** 1:45 PM - 3:45 PM

Days: M
Sessions: 11
Format: Zoom

Instructor: Paula Pelletier

This workshop offers instruction in the basic techniques of watercolor, the choice of paints, paper, brushes etc. Techniques such as applying washes, wet into wet and masking will be demonstrated. We will discuss color theory and composition by studying the works of accomplished watercolorists such as Winslow Homer and John Singer Sargent. We will paint!

Workshop Format: Leader presentation and participant painting

Supplies Needed: Student grade watercolor in tubes, paper designed for watercolor (e.g., Arches), and brushes

# **Tuesday Workshops**

#### American Foreign Policy

**Dates:** 3/8/2022 - 5/3/2022 **Times:** 8:30 AM - 9:45 AM

Days: Tu Sessions: 8 Format: Zoom

Instructor: Martin Levinson

This workshop will present the 2022 Great Decisions Program, America's largest discussion program on world affairs. The program model involves reading Great Decisions briefing materials, watching a DVD, and discussing the most critical global issues facing America today. Those issues will include Changing Demographics, Biden's Agenda, Russia and the US, and Outer

Workshop Format: A mix of leader presentation and participant

This workshop starts on 3/8, and it will not be in session 3/15.

#### **Learn to Draw**

**Dates:** 2/15/2022 - 5/3/2022 **Times:** 8:30 AM - 9:45 AM

Days: Tu Sessions: 11 Format: Zoom

**Instructor: Richard Bova** 

This workshop is an introductory drawing class that will start with sketching basic shapes, adding tone and shading and making use of contour and perspective drawings. Using these skills, we will then move on to sketching still life objects.

Workshop Format: Workshop leader presentation and videos

Suggested Materials\*:

Space.

discussion

- 9 x 12 Sketch pad
- Pencils: HB (or No. 2), 2B, 6B
- · Pencil sharpener
- · White plastic eraser and optional kneaded eraser
- 12-inch ruler or straight edge (see-through plastic is preferred)
- \* Beginners may want to start with a No. 2 pencil, paper and eraser and then add drawing materials as desired.

#### "Leave the Gun, Take the Cannoli" The Films of Francis Ford Coppola

**Dates:** 2/15/2022 - 5/3/2022 **Times:** 10:15 AM - 11:30 AM

Days: Tu Sessions: 11 Format: Zoom

Instructor: Michael LoMonico,

Fran LoMonico

We will begin with a close look at each of the three Godfather films (one a week), and continue with some of Coppola's other great films. Participants watch the films on their own before class, and using clips, interviews, and other information, we will have a lively discussion each week.

Workshop Format: A mix of leader presentation and participant discussion

Supplies Needed: Participants will have to get access to the films either via DVDs from their local library or downloading from Netflix, Prime, or some other streaming service.

Not in session 3/15.

#### Yoga 101

**Dates:** 2/15/2022 - 5/3/2022 **Times:** 10:15 AM - 11:30 AM

Days: Tu Sessions: 11 Format: Zoom

**Instructor: Denise Teague** 

Yoga 101 welcomes all including those who are new or have little experience with yoga. We will focus on the basics of yoga at a pace that is not overwhelming and in an environment that is safe, welcoming and non-judgemental. Students will be introduced to yoga postures through step-by-step verbal description and demonstration. Emphasis is placed on student understanding, safety, and stability.

Workshop Format: Participants will be guided in yoga practice

Supplies Needed: A yoga mat, yoga blocks, and a blanket are needed. Students should wear comfortable clothing.

There is a waiver requirement for this workshop, and the waiver must be submitted in order for you to partcipate in the workshop.

#### Introduction to Latin, second semester

**Dates:** 2/15/2022 - 5/3/2022 **Times:** 10:15 AM - 11:30 AM

Days: Tu Sessions: 11 Format: Zoom

**Instructor: Thomas Hayes** 

We will continue the basic sentence structures and vocabulary of Latin. We will start will a review so new-comers are welcome. All

work and handouts will be available on the web site

latinatolli.pbworks.com

Workshop Format: A mix of leader presentation and participant

discussion

Not in session 3/15.

#### **Continuing Latin**

**Dates:** 2/15/2022 - 5/3/2022 **Times:** 12:00 PM - 1:15 PM

Days: Tu Sessions: 11 Format: Zoom

**Instructor: Thomas Hayes** 

This workshop is offered for those who have some experience of Latin. It is the sixth in a series. We will continue learning structures and vocabulary as we gradually transition into reading authentic Latin. All work will be available online: <a href="latinatolli.pbworks.com">latinatolli.pbworks.com</a>

Workshop Format: A mix of leader presentation and participant

discussion

Not in session 3/15.

#### **Business of Sports**

**Dates:** 2/15/2022 - 5/3/2022 **Times:** 12:00 PM - 1:15 PM

Days: Tu Sessions: 11 Format: Zoom

Instructor: Larry Fein, Jeffrey

Hollander

Our 9 Metro New York major pro teams have not produced a championship season in well over a decade. Yet their player salaries, franchise values, ticket & concession prices and television ratings would suggest otherwise.

Join us as we critique the recent Super Bowl plus explore whether the Nets, Knicks, Islanders and Rangers are still in playoff contention. Promoting SBU's M&W sports teams is also a priority.

Then it's on to MLB's Spring Training and deciding IF Free Agency helped our beloved Mets and Yankees. OLLI's members will debate if recent owner and GM decisions were up to OUR standards. They've proven overpaying for talent isn't a guarantee for success.

With top Newsday sportswriters, special themed videos plus surprise guests, we should have another winning season. All we need is you.

Workshop Format: A mix of leader presentation and participant discussion

#### **American Plays**

**Dates:** 2/15/2022 - 5/3/2022 **Times:** 12:00 PM - 1:15 PM

Days: Tu Sessions: 11 Format: Zoom

Instructor: Irma Gurman, Sol

Gurman

We read aloud, watch, and discuss American plays. We learn about the playwrights, criticisms, and other relevant issues. The objective is to familiarize the workshop with great drama.

Workshop Format: A mix of leader presentation and participant

discussion

Not in session 3/15.

#### **Understanding Opera**

**Dates:** 2/15/2022 - 5/3/2022 **Times:** 1:45 PM - 3:00 PM

Days: Tu Sessions: 11 Format: Zoom

Instructor: Irma Gurman, Sol

Gurman

Exploring operas and topics relevant to operas, such as listening to famous performances, lives of the composers, famous artists

etc.

Workshop Format: Primarily workshop leader presentation

Not in session 3/15.

#### Alfred Hitchcock Presents: Rediscovering the "Master of Suspense"

**Dates:** 2/15/2022 - 5/3/2022 **Times:** 1:45 PM - 3:00 PM

Days: Tu Sessions: 11 Format: Zoom

Instructor: Karen DiPaola, Fran

LoMonico

Among the most celebrated, imitated, and beloved directors of the 20th century, Alfred Hitchcock is widely seen as the father of the thriller. Each session we will view 1 or 2 episodes from the classic series "Alfred Hitchcock Presents" which he hosted between 1955 and 1962. Anticipate lively discussion about the

characters, the themes and the surprise twists.

Workshop Format: A mix of leader presentation and participant discussion

Not in session 3/15.

#### **Indigenous Voices**

**Dates:** 2/15/2022 - 5/3/2022 **Times:** 3:30 PM - 4:45 PM

Days: Tu Sessions: 11 Format: Zoom

Instructor: Susan Steinmann

This term we will present indigenous films and film makers as well as print expressions to examine and confront the past in an artistic and creative way. These productions are not ABOUT Native Americans, but BY indigenous people about themselves and their lives. The print selections will be presented by different workshop

participants as well as the workshop leader.

Workshop Format: A mix of leader presentation and participant discussion

# Wednesday Workshops

#### Watercolor Studio

Dates: 2/16/2022 - 5/4/2022 Times: 8:30 AM - 11:30 AM

Days: W

Sessions: 11 Format: Zoom

Stone

In this workshop we will explore more advanced techniques /concepts in watercolor painting. We will create watercolor paintings and constructively critique each other's work.

Participants should be experienced in the creation of watercolor paintings, along with basic drawing skills. We will reference the Instructor: Dorothy Sterrett, Bobwork of established artists to inform our work. Our goal is to grow

together as watercolor artists.

Workshop Format: Participants paint and discuss their work

Not in session 3/16.

#### The Science Behind the Headlines: Climate Change and Other Issues

Dates: 2/16/2022 - 5/4/2022 Times: 10:15 AM - 11:30 AM

Days: W Sessions: 11 Format: Zoom

Instructor: Peter Bond, Gene

Sprouse

The goal of the workshop is to present the basic science behind subjects that are current and important to the country and to the world, at a level that non-experts can understand. Subjects will include global warming, energy, medical radiation, GPS, black holes and the big bang, as well as other topics of interest to the workshop members. Both leaders are physicists and each has experience at communicating science to non-experts without

mathematics.

Workshop Format: Primarily workshop leader presentation

Not in session 3/16.

#### The Mystery Novel as Literature

Dates: 2/16/2022 - 5/4/2022 Times: 10:15 AM - 11:30 AM

Days: W Sessions: 11 Format: Zoom

Instructor: Diane Fischer, Tasha

Greenberg

Using PowerPoint presentations plus movies and TV productions, we will continue our examination of this appealing branch of literature with several works including police procedurals, detective stories, crime thriller, forensics and true crime. We will include popular authors and a few who are less well-known.

Workshop Format: Primarily workshop leader presentation

#### **A European Grand Tour in Music**

**Dates:** 2/16/2022 - 5/4/2022 **Times:** 12:00 PM - 1:15 PM

Days: W
Sessions: 11
Format: Zoom

**Instructor: David Bouchier** 

Join us on Zoom for a European Grand Tour in Music, seeing the sights, meeting the composers, and hearing their music. The Grand Tour was how a wealthy young man in the eighteenth or nineteenth century would complete his education and learn about the world. He might spend two or three years touring the length and breadth of Europe, perhaps even venturing into Russia and Scandinavia. We will travel with them all the way, all seats first class, no masks required.

Workshop Format: A mix of leader presentation and participant discussion

Not in session 3/16.

#### **Political Argument and Ideologies in the Twentieth Century**

**Dates:** 2/16/2022 - 5/4/2022 **Times:** 12:00 PM - 1:15 PM

Days: W
Sessions: 11
Format: Zoom

**Instructor: Frank Myers** 

This workshop is a sort of extension of the fall workshop on liberalism, conservatism, and socialism, although everyone is invited whether they have attended the fall workshop or not. We will consider the discussion about liberalism and its rivals and enemies since about World War One, including communism and fascism/Nazism. We will discuss such writers and political figures as Lenin, Hayek, Arendt, and Rawls, among others.

Workshop Format: A mix of leader presentation and participant discussion

#### **Behavioral Neurosciences Amazingly Simplified**

**Dates:** 2/16/2022 - 5/4/2022 **Times:** 1:45 PM - 3:00 PM

Days: W
Sessions: 11
Format: Zoom

Instructor: Lou D'Onofrio, Paul

Mohan

In our workshop, we will avoid technical complexities of neurosciences. It's so organized to help us understand and appreciate how the brain astonishingly communicates with our bodies and our environment to produce amazing interactions. We will utilize mainly simple presentations, video clips, fun exercises, and discussions to explain:

- Issues faced during pandemic: social disconnectedness; isolation, and addictions.
- Emotions (love, fear, happiness), motivation, personality attributes, and internal states (thirst, hunger).
- Leveraging brain plasticity and Positive Psychology (Gratitude, Kindness, Empathy) for a happier life.
- Deciphering research aired by the media for greater usefulness.
- Finding solutions for the myriad of issues faced by the elderly.

The only prerequisite for this workshop is an "open mind" and the only resource you need to bring is your "creative juices."

It's also very important to note that: any medical information (via videos, presentations, discussions or otherwise) are NOT intended to replace professional medical advice; and should NEVER be used for self-treatment or self-diagnosis.

Workshop Format: A mix of leader presentation and participant discussion

Not in session 3/16.

#### Television's Iconic Sitcoms and Variety Shows

**Dates:** 2/16/2022 - 4/13/2022 **Times:** 1:45 PM - 3:00 PM

Days: W Sessions: 8 Format: Zoom

Instructor: Diane Hollander,

**Jeffrey Hollander** 

We invite you to join us for another fun-filled semester revisiting some of TV's all-time favorites. The weekly sessions are guaranteed to make you smile while helping us escape today's stresses. We'll take you on a journey from the mid-20th century's "Golden Age" right through today's top-rated sitcoms. The backstories, bios, interviews, and clips of legends such as Ed, Betty, Carol, Mary, Ted, Don, Lucy, Alan, Jerry and Johnny will keep you laughing and longing for those bygone eras. They truly "were the days, my friend" but they did unfortuantely end. We look forward to reminiscing with all of you again this spring.

Workshop Format: A mix of leader presentation and participant discussion

Not in session 3/16. This workshop ends on 4/13.

# **Thursday Workshops**

#### Inside the Atom II

**Dates:** 2/17/2022 - 5/5/2022 **Times:** 10:15 AM - 11:30 AM

Days: Th
Sessions: 11
Format: Zoom

**Instructor: Harold Kirk** 

The 20th century has witnessed a remarkable advancement in the understanding of the physical nature of the world within the atom. In this course we will be following the trajectory of discoveries which have led to our current understanding, beginning with the discovery of radioactivity in 1896 and culminating with the celebrated discovery of the Higgs boson in 2012. We will be emphasizing the accumulated evidence which has given support to our current views of the microcosm.

Workshop Format: Primarily workshop leader presentation

Not in session 3/17.

#### **Tragic Theater**

**Dates:** 2/17/2022 - 5/5/2022 **Times:** 10:15 AM - 11:30 AM

Days: Th
Sessions: 11
Format: Zoom

**Instructor: Arthur Bernstein** 

This semester the workshop will concentrate on three plays by Henrik Ibsen, the man who is generally acknowledged to be the father of modern theater: *A Doll's House, Ghosts,* and *Hedda Gabler.* These are all controversial plays which aroused a storm of criticism when they were first brought to the stage in the late 19<sup>th</sup> Century and which continue to be performed on a regular basis in theaters around the world. The discussions will be based on the Oxford World Classics (paperback) volume entitled *Henrik Ibsen, Four Major Plays,* which I urge you to get if you intend to enroll.

Workshop Format: Primarily workshop leader presentation

Not in session 3/17.

Three sessions will be 2 hours long to allow sufficient time to watch each play.

#### National Parks of New England Part II

**Dates:** 2/17/2022 - 5/5/2022 **Times:** 10:15 AM - 11:30 AM

Days: Th
Sessions: 11
Format: Zoom

Instructor: John Gobler

This course will take you on yet another journey through the 38 National Parks/Historic Sites of New England. First we will take a brief look at the history of the National Parks System. Then on to New England to visit some of the places that may be familiar to you, and you may know a bit about them, but in this journey you will learn a lot more about the places you might know, and discover a whole world of new sites you may never have heard of. At each of the sites we will visit, you will learn the rich heritage behind them and the stories of their history that made them worthy of being designated a National Park or Heritage Landmark Site.

Workshop Format: Primarily workshop leader presentation

Not in session 3/17.

#### Your Opinion of Their Opinion, Op-Ed Thursday

**Dates:** 2/17/2022 - 5/5/2022 **Times:** 10:15 AM - 11:45 AM

Days: Th
Sessions: 11
Format: Zoom

Instructor: Ken Buxbaum

Op-Ed provides you the opportunity to join in discussions of the political, social and economic issues currently affecting our lives. Each week three different volunteers bring in newspaper, internet or magazine opinion articles that would make for lively discussion by members with differing points of view. While every volunteer has the opportunity to comment first or last on their own article, they may want to sit and listen as everyone gets a chance, face-to-face, to voice his or her opinion on the subject.

Workshop Format: Primarily participant discussion

#### The Rise of Rome: Livy Book I-V

**Dates:** 2/17/2022 - 5/5/2022 **Times:** 12:00 PM - 1:15 PM

Days: Th
Sessions: 11
Format: Zoom

**Instructor: Thomas Hayes** 

Livy wrote a monumental history of the Roman people "From the Founding of the City", covering the period from the earliest legends of Rome through the reign of Augustus in Livy's own lifetime. In this workshop we will read and discuss the first 5 of the 142 books Livy wrote (only 35 survive). These books, totaling about 340 pages, cover the foundation stories, myths, and alternate early histories of the city. We will also refer to other authors and non-literary sources, to flesh out, or balance, Livy's perspective.

Workshop Format: A mix of leader presentation and participant discussion

Supplies Needed: Somewhat dated translations can be found online. The reference book with be Luce's volume in the Oxford World Classics (1998). Assignments and ancillary material will be posted at **livyatolli.pbworks.com**.

Not in session 3/17.

#### **Once Upon A Time: Writing Fiction**

**Dates:** 2/17/2022 - 5/5/2022 **Times:** 1:45 PM - 3:45 PM

Days: Th Sessions: 10 Format: Zoom

Instructor: Ron Hollander,

**Annette Thies** 

A demanding, intensive workshop for a community of dedicated and disciplined fiction writers, current and aspiring. Focused writers will share work of varying length, and provide incisive criticism to classic literary standards. Instruction will emerge as members evaluate prose in a mutually supportive yet unflinchingly critical colloquium. Writing guides and classic samples will be offered. The goal is to produce personally fulfilling and publishable work.

Workshop Format: A mix of leader presentation and participant discussion

#### Suggested Texts:

- Ann Lamont "Bird by Bird"
- Natalie Goldberg "Writing Down the Bones"
- Stephen King "On Writing: A Memoir of the Craft"

Not in session 3/17 & 4/28.

This workshop has a capacity of 20 people.

#### **Craft of Writing**

**Dates:** 2/17/2022 - 5/5/2022 **Times:** 1:45 PM - 4:45 PM

Days: Th
Sessions: 11
Format: Zoom

**Instructor: Mark Prendergast** 

A round-table presentation and discussion of members' writing in various genres, such as fiction, non-fiction, poetry, essays and script-writing. Emphasis is on effective writing technique, not overall story-telling, so presentations are limited to 500 words. Longer works can be excerpted or serialized over the course of the

Workshop Format: A mix of leader presentation and participant discussion

Recommended paperback texts:

- "The Elements of Style," 4th Edition, by William Strunk Jr. and E.B.White, Foreword by Roger Angell. (2000, Allyn&Bacon/Pearson)
- Eats, Shoots & Leaves: The Zero Tolerance Approach to Punctuation, by Lynne Truss, Foreword by Frank McCourt (2003, Gotham Books)

Not in session 3/17.

This workshop has a capacity of 20 people.

# **Friday Workshops**

#### **Adventures in Art and Photography**

**Dates:** 2/18/2022 - 5/6/2022 **Times:** 8:30 AM - 9:45 AM

Days: F Sessions: 11 Format: Zoom

Instructor: Eric Lohse

Members will submit their photographs, whether traditional or modified, for viewing and discussion by the workshop participants. Emphasis is placed on achieving an effective presentation to the target audience. Members will learn to see more intently.

Workshop Format: A mix of leader presentation and participant

discussion

Not in session 3/18.

#### **Memoir Writing**

**Dates:** 2/18/2022 - 5/6/2022 **Times:** 9:30 AM - 11:30 AM

Days: F
Sessions: 11
Format: Zoom

**Instructor: Dorothy Schiff** 

Shannon

You are the repository of the stories of your time. We will be both storytellers and historians. Memoir writing is a group effort in which we support and critique one another's work, in an effort to produce memoirs worthy of preservation.

Workshop Format: Primarily participant discussion

Not in session 3/18.

#### **Advanced Creative Photography**

**Dates:** 2/18/2022 - 5/6/2022 **Times:** 10:15 AM - 11:30 AM

Days: F
Sessions: 11
Format: Zoom

Instructor: Doris Diamond

The focus of this workshop is creative photography ideas and methods. The objective is to inspire the participants to try lots and lots of ways to enhance their photos as well as to try new subjects and in camera techniques.

Workshop Format: A mix of leader presentation and participant discussion

Experience Needed: Some experience in post production (editing photos).

#### La France d'Aujourd'hui

**Dates:** 2/18/2022 - 5/6/2022 **Times:** 10:15 AM - 11:30 AM

Days: F
Sessions: 11
Format: Zoom

Instructor: Tasha Greenberg,

Barbara Liebermann

Leading a real language workshop is always best done face-to-face. However, we feel that French language students would benefit from watching and listening to classic French language movies and TV shows (with English subtitles). We will have a brief discussion after each showing, possibly in English or French or even that great "language" FRANGLAIS! Non-French speakers could certainly enjoy this too.

Workshop Format: A mix of leader presentation and participant discussion

Not in session 3/18.

#### The Paleo Perspective

**Dates:** 2/18/2022 - 5/6/2022 **Times:** 10:15 AM - 11:30 AM

Days: F Sessions: 11 Format: Zoom

Instructor: Bob DeCostanzo

Is there a "caveman" buried deep inside each of us - one that we refuse to recognize? Do we have Paleolithic instincts and urgings? How much of our behavior is a vestige from our hunter-gatherer past? How much of our modern problems and predicaments can

be explained by our rather ancient genetic design?

Workshop Format: A mix of leader presentation and participant

discussion

Not in session 3/18.

#### **Regional American Writers**

**Dates:** 2/18/2022 - 5/6/2022 **Times:** 12:00 PM - 1:15 PM

Days: F
Sessions: 11
Format: Zoom

Instructor: Anita Edwards

A continuing study of American regional writers will begin with Mark Twain's defining work, Huckleberry Finn, followed by Edith Wharton's novel of New York society at the end of the century, The House of Mirth.

Workshop Format: Primarily workshop leader presentation

Supplies Needed:

- The Adventures of Huckleberry Finn, Mark Twain
- The House of Mirth, Edith Wharton

#### **ON1 Photo Editing Part 2**

**Dates:** 2/18/2022 - 5/6/2022 **Times:** 12:00 PM - 1:15 PM

Days: F
Sessions: 11
Format: Zoom

Instructor: Robert Oliva

In this workshop, you will be developing the skills needed to enhance your photos and make them stand out from the crowd using ON1 Photo Raw. We will use it as a complete standalone photo-editor application, although it can also be a plugin to Photoshop or Lightroom. This will be the second term of a two semester workshop. Attendees will be utilizing ON1 in their own computers for hands-on experience.

Workshop Format: Primarily workshop leader presentation

Supplies Needed: Each participant must have ONI loaded on their personal computer to fully participate in the course. Their version could be ONI 2019 or later (2020 - 2022).

On the odd numbered class weeks, the leader will present new material about using ONI.

On the even numbered weeks, members of the class will have the option to share, through Zoom, their own photos, showing how they have edited them in ONI, using the techniques presented in the previous week's workshop.

Not in session 3/18.

#### Shtisel: A Kosher Soap Opera...The Discussion Continues

**Dates:** 2/18/2022 - 5/6/2022 **Times:** 12:00 PM - 1:15 PM

Days: F
Sessions: 11
Format: Zoom

Instructor: Bob DeCostanzo,

**Rick Rubin** 

This award winning Israeli television series, currently streaming on Netflix will be viewed, analyzed, and discussed through a variety of cultural prisms and themes. Each week workshop participants will watch at their convenience 3 forty minute episodes in preparation for class. Whether you are watching it for the first time or are a repeat customer, you should find SHTISEL to be a rich and rewarding experience.

Workshop Format: A mix of leader presentation and participant discussion