



## OLLI at Stony Brook University

## FALL 2023 WORKSHOP CATALOG

## Registration Open: 6/12/23 – 7/13/23

## Fall Semester: 9/5/23 - 11/20/23

OLLI offers workshops that are designed for retired and semi-retired individuals who are interested in expanding their intellectual horizons in a university setting. OLLI workshops cover every possible genre you can imagine and are led by current OLLI members who volunteer their time.

All information provided in this document is subject to change.

The most up to date information can be found on the registration website.

## Helpful OLLI Terminology

#### Locations:

*On campus:* **SBS**: Social and Behavioral Sciences Building

#### Wang Center

SAC: Student Activities Center

#### Student Union

Campus Map can be found at this website.

Off campus: **PJVC**: Port Jefferson Village Center

Workshop Formats:

**Hybrid**: These workshops will be held in person and on Zoom simultaneously, with the workshop leader conducting the workshop from the Stony Brook campus. At the time of registration, members will have the option of registering for either the in person section or Zoom section of the workshop.

**In Person:** Members will come to the Stony Brook campus or select off campus locations to attend these workshops.

Zoom: Members will attend these workshops virtually on Zoom.

Abbreviations:

D/T: Day/Time

### \*Complete workshop descriptions available on our website <u>www.campusce.net/stonybrookolli</u>

#### THE NEAR-DEATH EXPERIENCE (NDE)

Led by: Gregory Alexander, Ph.D.

We will investigate peoples' NDE's, mainly as reported and researched by medical doctors. Typical NDE's will be described, and research on the main elements of the NDE's will be discussed.A final focus of the course will be the effect of NDE's on experiencers' personalities and subsequent lives.

D/T: Monday 10:15 - 11:30 AM Format: In Person Location: SBS N112 Sessions: 10

#### DIGESTING A GOOD BOOK

Led by: Dana Geils

Read a book. Have a lively discussion with other OLLI members in a friendly atmosphere. Examine the style & quality of the writing, the characters, the plot, the themes/problems explored and consider the what-ifs, hows and whys as well. Reading both fiction and nonfiction, we will be reflecting on the issues addressed, thinking about how our own experiences affect our understanding of the material & what our reactions are to comments other members have made.

D/T: **Monday 12:00 - 1:15 PM** Format: **Zoom** Location: **Zoom** Sessions: **3** 

#### STRETCH AND LIFT

Led by: Mary Hance

This workshop will be a low intensity, low impact fitness activity. There will be a warm up, some mild cardio, stretching and light-weight exercises.

D/T: **Monday 9:00 - 9:45 AM** Format: **In Person** Location: **SBS N119** Sessions: **11** 

#### A CELEBRATION OF ROCK & SOUL MUSIC

Led by: Bob Hayes Susan Steinmann

In this workshop, we will view & listen to some of Rock and Soul Music's greatest performers. Besides enjoying some of their finest songs and albums, we will explore their early, formative years. This will help us better appreciate and understand their musical craft. Our workshop is designed to be interactive, with participation being most welcome.

D/T: **Monday 12:00 - 1:15 PM** Format: **Zoom** Location: **Zoom** Sessions: **11** 



#### ANCIENT ROMAN HIATORY AT A GLANCE

Led by: Thomas Hayes

This workshop will discuss the sweep of Ancient Rome's twelve hundred year history, using two sets of videos, slowing down for a more in depth look at the 1st century CE. Both sets are grounded in discussions with Classics professors teaching at American and English universities.

D/T: Monday 12:00 - 1:15 PM Format: Zoom Location: Zoom Sessions: 11

#### **POETRY WORKSHOP**

Led by: Geraldine Kaplan Bob Stone

Participants share their poetry in an accepting collegial atmosphere. Comments are typically encouraging and thoughtful.

#### D/T: Monday 10:15 - 11:30 AM Format: Zoom Location: Zoom Sessions: 11

#### NEW YORK TIMES SCIENCE SEMINAR

Led by: Bonnie Marks Allen Sachs

This is a collaborative workshop where members take turns each week leading the discussions. Our guide is the New York Times Science section published every Tuesday. Volunteers introduce the articles, and tell why the article is important. The workshop continues the discussion from this point. We also share and discuss significant articles from other sources.

#### D/T: **Monday 1:45 - 3:00 PM** Format: **In Person** Location: **SBS N119** Sessions: **10**

#### HISTORY THROUGH LITERATURE

Led by: Joseph Napolitano Laura Filipino Karen Di Paola Judy Albano

Join in stimulating discussions about works of Historical Fiction. The co-leaders will be the discussion leaders for the early sessions. Our first book will be THE DIAMOND EYE by Kate Quinn. Additional book suggestions will be voted on by the group. This is an active workshop in which members are expected to participate. D/T: **Monday 10:15 - 11:30 AM** Format: **In Person** Location: **SBS N119** 

Sessions: 11

#### LET'S PLAY CHESS

Led by: Dan Sherry Faye Graber

This workshop will be a chance for people to have the opportunity to play the game. Based on beginner to accomplished levels, participates will be paired off for a game or two. Beginners will have an opportunity to learn basic concepts and opening moves. The workshop will open with a short (5 minutes) of interesting facts/history of the game. Enjoying the game will be our primary golfer all.

D/T: Monday 10:15 - 11:30 AM Format: In Person Location: SBS S102 Sessions: 9

#### **CURRENT EVENTS**

Led by: Bob Ober Murray Rawn

Participant discussion of current events, with an occasional emphasis on politics and changing laws.

#### IF YOUR FEET ARE COLD, PUT ON A HAT

Led by: Bruce Stasiuk Bob Ober

It goes without saying, and not for nothing, this full-service, paleo workshop is not rocket surgery. In other words, think of it as a tasting menu for Feng Shui ideas. Using reverse gnireenigne, we'll unpack concepts such as, why the gorilla in the room is always 800 pounds. What's actually in the secret sauce? How can a deviation be standard? Where has all the gluten gone? Can terror be incognito?

#### D/T: **Monday 1:45 - 3:00 PM** Format: **Zoom** Location: **Zoom** Sessions: **11**

#### NATURE PHOTOGRAPHY

Led by: Susan Steinmann Robert Steinmann

Nature Photography Gems of Long Island will present elements of good composition along with places to capture good nature photos at Long Island's many wonderful nature preserves.

D/T: **Monday 12:00 - 1:30 PM** Format: **Zoom** Location: **Zoom** Sessions: **11** 

D/T: **Monday 8:30 - 9:45 AM** Format: **Zoom** Location: **Zoom** Sessions: **11** 



#### MYSTERIES OF THE HUMAN MIND

Led by: Larry Wilson

This workshop will be an in depth look at the working of the human mind and how it affects our behavior. We will cover topics such as how evolution, competition, and culture have effected the human mind. We will also look at such things as the differences between the male and female mind and how the autistic mind works. This class is a combination of lectures, videos, and class discussion.

D/T: Monday 12:00 - 1:15 PM Format: In Person Location: SBS N119 Sessions: 11 THE TWILIGHT ZONE

Led by: Jay Zuckerman Robert Mirman

Looking back on an iconic television show from our past: The Twilight Zone. We will watch selected half hour episodes and then discuss and analyze the episodes.

D/T: **Monday 10:15 - 11:30 AM** Format: **In Person** Location: **TBD** Sessions: **10** 

## FOOD SCIENCE & THE HUMAN BODY PART

Led by: Peter Akras

Human evolution and the rise of civilization is intimately linked to the evolution of our diet. We are the only animals that cook and this discovery has helped to make us human. In this Great Course video series, in association with National Geographic, Professor Alyssa Crittenden provides insights into both food history and the science of nutrition to explain why we eat what we eat.

D/T: **Tuesday 10:15 - 11:30 AM** Format: **In Person** Location: **SBS S104** Sessions: **11** 

#### WHAT EINSTEIN GOT WRONG

Led by: Carter Bancroft

Einstein was clearly one of the greatest scientists of all time. In his papers published in his wonder year of 1905, he changed physics forever. These papers included: development of Relativity; his role as the father of the very strange & unintuitive field of quantum mechanics & proof of the existence of atoms. But, like any great thinker, he could & did make mistakes.

D/T: **Tuesday 12:00 - 1:15 PM** Format: **In Person** Location: **TBD** Sessions: **9** 

#### UNDERSTANDING THE NEWS DURING POLARIZING TIMES

Led by: James Burke

Journalism documents todays history. The unprecedented events and major news of the last few years have made understanding The News and current events more crucial than ever. The current polarized climate may raise concerns over daily news articles but it also can present opportunities for productive dialogue.

#### D/T: **Tuesday 8:30 - 9:45 AM** Format: **In Person** Location: **SBS N119** Sessions: **11**

PHOTOGRAPHY BEFORE PHOTOSHOP, PART

Led by: Frank De Rubeis

A basic course in the fundamentals of photography including understanding basic camera operations, exposure controls, lighting, color, and other techniques. The purpose of the course is to understand how the new digital, "auto everything" cameras function so that the photographer can exercise control over the final project.

D/T: **Tuesday 12:00 - 1:15 PM** Format: **In Person** Location: **SBS S104** Sessions: **11** 



#### THE NOTORIOUS NIKOLA TESLA

Led by: Bob DeCostanzo

The legacy of Nikola Tesla is not only one of great accomplishments, but also one of controversy & mystery. Was he given too little or too much credit for the scientific and technological advances of his day? What is fact? What is fiction? This workshop will not only focus on the contributions that history has attributed to Tesla, but also on those of some of the other great scientific minds of that time.

D/T: **Tuesday 3:30 - 4:45 PM** Format: **Zoom** Location: **Zoom** 

Sessions: **11** 

#### 2001: A Space Odyssey - Mythology For Evolution of Human Consciousness

Led by: Anthony A. Esposito

A presentation exploring this film as a mythical journey into the evolution of human consciousness. We will discuss various interpretations and possible alternative meanings hidden in the imagery of this film. Weekly presentations will include the latest research and philosophical speculations on the nature of consciousness.

D/T: **Tuesday 12:00 - 1:15 PM** Format: **In Person** Location: **SBS S102** Sessions: **7** 

#### DUPLICATE BRIDGE

Led by: Arnie Fox Sherry Shore

We will continue to enhance our bridge skills in a duplicate environment. Participants should have knowledge of conventions and techniques from previous semesters. Contact either workshop leader if you are unsure if this workshop is appropriate for you.

D/T: **Tuesday 1:00-4:00** Format: **In Person** Location: **PJVC** Sessions: **11** 

#### THE SURPRISING HISTORY OF AFRICA

Led by: Tasha Greenberg

This workshop will feature lectures accompanied by various professional video presentations. Opening sessions will focus on the geography, flora and fauna of the entire continent, plus the evolution of the human inhabitants.We will then examine different areas, from earliest to present times. Sub-Saharan Africa will be the first area covered. We plan to include guest speakers (preferably Stony Brook students) from the countries.

D/T: **Tuesday 1:45 - 3:00 PM** Format: **Zoom** Location: **Zoom** Sessions: **11** 

#### **A**MERICAN **P**LAYS

Led by: Irma Gurman Sol Gurman

If you love theater, this is your chance to join this workshop where we read, enjoy & discuss the best American and English language plays

D/T: **Tuesday 12:00 - 1:15 PM** Format: **Zoom** Location: **Zoom** Sessions: **11** 

#### UNDERSTANDING OPERA

Led by: Irma Gurman Sol Gurman

Exploring operas and topics relevant to operas, such as listening to famous performances, lives of the composers, famous artists etc.

D/T: **Tuesday 1:45 - 3:00 PM** Format: **Zoom** Location: **Zoom** Sessions: **11** 

#### LITERATURE OF INDIA

Led by: Narayan Hegde

From ancient and classical to modern, the literature of India spans nearly 4,000 years. It consists of some of the world's oldest and longest literary creations, in many languages. This workshop will introduce the members to some of these literary works through excerpts and visual media. The members will also read, in English translation, examples of fiction, essays, and poetry. It is expected that members will come prepared to discuss what they have read.

#### D/T: **Tuesday 3:30 - 4:45 PM** Format: **In Person** Location: **SBS N119** Sessions: **9**

#### Advanced Latin

Led by: Thomas Hayes

This offering is for folks who have basic Latin and feel comfortable trying to read traditional Latin stories, in simplified forms, as well as some Medieval and later Latin writings. If you are not sure your Latin is up to it, feel free to try. You can contact me at rudedonatus@gmail.com if you would like to know more.

D/T: **Tuesday 10:15 - 11:30 AM** Format: **Zoom** Location: **Zoom** Sessions: **11** 

TUESDAY



Business of Sports Led by: Jeffrey Hollander Larry Fein

Join us to explore the wide world of sports while focusing on the new york city metro professional and college teams. This fall we will analyze if Aaron Rogers and Aaron Judge have lived up to their lofty and very expensive expectations. How did Alonso, Scherzer and Verlander do with the Mets? Did some of the most expensive payrolls in MLB history by the Mets and Yankees produce the desired results? If not, what went wrong?

D/T: **Tuesday 10:15 - 11:30 AM** Format: **Zoom** Location: **Zoom** Sessions: **10** 

## FIVE REVOLUTIONS THAT SHOOK THE WORLD

Led by: Martin Levinson

This course will discuss the history of the American, French, Haitian, Russian and Chinese Revolutions and their importance in the making of the modern world.

D/T: **Tuesday 8:30 - 9:45 AM** Format: **Zoom** Location: **Zoom** Sessions: **5**  MAGIC FOR GRANDPARENTS

Led by: Mike Maione

This is a beginner workshop where participants will learn the essential skills needed to perform magic to entertain friends, family, and especially kids. Each week several tricks will be taught that exploit various magic techniques including sleight of hand, psychology, misdirection, and gimmicks. Participants will learn magic with ropes, cards, money, and other ordinary objects.

#### D/T: **Tuesday 10:15 - 11:30 AM** Format: **In Person** Location: **SBS S102** Sessions: **11**

BEHAVIORAL NEUROSCIENCES AMAZINGLY SIMPLIFIED

Led by: Paul Mohan

In our workshop, we will avoid technical complexities of neurosciences. It's so organized to help us understand & appreciate how the brain communicates with our bodies & our environment to produce amazing interactions. We will utilize mainly simple presentations, video clips, fun exercises, & discussions...\*

D/T: **Tuesday 1:45 - 3:00 PM** Format: **Hybrid** Location: **S102** Sessions: **11** 

#### ANALYZING LINCOLN'S SPEECHES

Led by: Frank Myers

The first topic will focus on the basic concepts of rhetorical analysis. Then these concepts will be applied to the analysis of a series of Lincoln's speeches with the aim of understanding the way he approached political speech-making and the nature of their effectiveness. In the process, we gain greater understanding not just of rhetoric but of Lincoln himself. ...

D/T: **Tuesday 3:30 - 4:45 PM** Format: **Zoom** Location: **Zoom** Sessions: **10** 

#### MASTERS OF THE SHORT STORY - ALICE MUNRO

Led by: Joe Perlman

A weekly in-depth discussion of one short story by the Nobel Prize winning author Alice Munro. We will use the Great Books discussion format which relies only on the text itself and our reactions rather than outside critical opinion.

D/T: **Tuesday 1:45 - 3:00 PM** Format: **Hybrid** Location: **N119** Sessions: **11** 

#### AM I MY FATHER'S SON?

Led by: Luciano Sabatini

This is a men's discussion group designed to discuss issues of aging in our society. The primary focus will be on the changing roles of men as they move from leadership positions in the family, work, community organizations to lessor positions of influence as they retire, become grandfathers, experience a decline in physical abilities, lose intimacy and their mortality becomes ever-present. The topics will come from the members...

#### D/T: **Tuesday 10:15 - 11:30 AM** Format: **In Person** Location: **SBS S109** Sessions: **9**

#### THE SKY WAS YELLOW AND THE SUN WAS BLUE: A HISTORY OF THE GRATEFUL DEAD

Led by: Nick Santora

A social and musical history of the Grateful Dead. From the post World War II baby boom that led to a mass population of teenagers in the 1960's to the music; including reincarnations after the death of Jerry Garcia.

D/T: **Tuesday 12:00 - 1:15 PM** Format: **Zoom** Location: **Zoom** Sessions: **11** 



#### INDIGENOUS FILMS

Led by: Susan Steinmann

This term we will present indigenous films and filmmakers as well as print expressions to examine and confront the past in an artistic and creative way. These productions are not ABOUT Native Americans, but BY indigenous people about themselves and their lives. The print selections will be presented by different workshop participants as well as the workshop leader.

D/T: **Tuesday 3:30 - 4:45 PM** Format: **Zoom** Location: **Zoom** Sessions: **11** 

#### Yoga 101

Led by: Teague Denise

Yoga 101 welcomes all including those who are new or have little experience with yoga. We will focus on the basics of yoga at a pace that is not overwhelming and in an environment that is safe, welcoming, and non-judgmental. Students will be introduced to yoga postures through step-by-step verbal descriptions & demos. Emphasis is placed on student understanding, safety, and stability.

D/T: **Tuesday 10:15 - 11:30 AM** Format: **Zoom** Location: **Zoom** Sessions: **11** 

## CLASSICAL MUSIC - THEMES AND VARIATIONS VI

Led by: David Bouchier

This semester we will continue to explore the vast landscape of classical music, focusing on the nineteenth and early twentieth centuries. The goal is to make this tradition more familiar, more accessible, & more enjoyable to everyone, with or without musical training.

#### Манјонсс

Led by: Diane Fischer Karen Jaffe

This workshop is intended to teach the basics of mahjongg. The card, tiles rules, and strategies will be covered. Participants will play the game.

# WEDNESDAY

#### D/T: Wednesday 12:00 - 1:15 PM Format: Zoom Location: Zoom Sessions: 11

#### A BEGINNERS GUIDE TO USING A WORD PROCESSOR AND A SPREADSHEET

Led by: Thom Brownworth

We will be using the Microsoft programs "Word and "Excel" but, if participants ask, we will also have some thoughts on the Google programs "Docs and "Sheets" as well as the Apple programs "Pages and "Numbers" in this course. We will answer questions such as 'What, on the screen, is the difference between a mouse and a curser?' or 'What is the ifference between a margin & an indent?

#### D/T: Wednesday 8:30 - 9:45 AM Format: Zoom

Location: **Zoom** Sessions: **11**  D/T: **Wednesday 8:30 - 9:45 AM** Format: **In Person** Location: **SBS S102** Sessions: **6** 

#### FRENCH FOR BEGINNERS-PART 3

Led by: Catherine McDonnell

We will continue to learn basic vocabulary and common phrases for use in simple conversations. There will be a variety of activities designed to develop listening and speaking skills. So come, learn to speak French, and have fun.

D/T: **Wednesday 8:30 - 9:45 AM** Format: **In Person** Location: **SBS S109** Sessions: **11** 



#### **CONVERSATIONAL FRENCH**

Led by: Catherine McDonnell

This workshop is for those who have some background in French and are seeking an opportunity to develop fluency in the language. There will be a variety of activities designed to expand vocabulary, to review grammar and promote conversation. Alors, venez, apprenez, et amusez-vous bien.

#### D/T: **Wednesday 10:15 - 11:30 AM** Format: **In Person** Location: **SBS S109** Sessions: **11**

#### POETRY OUT LOUD

Led by: Florence Mondry

A workshop for the discussion of poetry presented by volunteer members in order to discover together the pleasure and beauty of poems and get to know the poets who created them in an environment conducive to understanding what makes a poem a poem.

D/T: Wednesday 12:00 - 1:15 PM Format: In Person Location: SBS N112 Sessions: 11

#### WOMEN YOU SHOULD KNOW

Led by: Ella Nyc Mary Hance Fran Leiboff

History isn't what happened. It's who tells the story. Women You should Know tells the stories of the many famous and infamous women of History while attempting to answer the question - Why didn't I know this? Sally Roesch Wagner

#### D/T: **Wednesday 10:15 - 11:30 AM** Format: **In Person** Location: **N112** Sessions: **6**

#### THE SCIENCE BEHIND THE HEADLINES: CLIMATE CHANGE AND OTHER ISSUES

Led by: Gene Sprouse Peter Bond

The goal of the workshop is to present the basic science behind subjects that are current and important to the country and to the world, at a level that non-experts can understand. Subjects will include global warming, energy, medical radiation, GPS, black holes and the big bang, as well as other topics of interest to the workshop members. Both leaders are physicists

D/T: Wednesday 10:15 - 11:30 AM Format: Hybrid Location: N119 Sessions: 11

#### WATERCOLOR STUDIO

Led by: Bob Stone Dorothy Sterett

We will explore more advanced techniques/ concepts in watercolor painting. We will create watercolor paintings and constructively critique each other's work. Participants should be experienced in the creation of watercolor paintings, along with basic drawing skills. We will reference the work of established artists to inform our work. Our goal is to grow together as watercolor artists.

D/T: Wednesday 8:30-11:30 Format: In Person Location: SBS S104 Sessions: 11



#### THE 1619 PROJECT

Led by: Jane Cash Carmela Gustufson

The 1619 Project speaks directly to our current moment. It originated as a series of essays in the NYTimes magazine. Pulitzer Prize-winning journalist Nicole-Hannah Jones created the project which framed our understanding of American history by placing slavery and its continuing legacy at the center of our national narrative. We will use the essays, poetry & short fiction

D/T: **Thursday 12:00 - 1:15 PM** Format: **Hybrid** Location: **N119** Sessions: **11** 

Survey Of Enjoyable Music: Symphonic Work To Modern Music And Dance

Led by: Fred Friedberg

This workshop will present a broad overview of music that begins with the lyrical poems of the middle ages, the harmonies of the Renaissance, and the drama of the baroque era. We will preview both solo and symphonic works through the classical and romantic periods with an emphasis on high energy pieces. The modern era

D/T: **Thursday 1:45 - 3:00 PM** Format: **Zoom** Location: **Zoom** Sessions: **11** 

#### BEGINNING BRIDGE 3

Led by: Linda Good Merna Avril

We will start with a review of take out doubles, negative doubles, and strong doubles. Then move onto beginning conventions., Will cover Stayman, Jacoby transfers, Strong opening bids and slam bidding

D/T: **Thursday 1:00-4:00** Format: **In Person** Location: **PJVC** Sessions: **11** 

I, THOU AND WE: AN INTRODUCTION TO TWO JEWISH THINKERS

Led by: Richard Hart David Altman

This workshop will be an introduction to the thought of two great Jewish religious and philosophical figures, Martin Buber and Moses Maimonides. We will read and discuss selections from two of their most influential works--Buber's I AND THOU and Maimonides's MISHNEH TORAH. Led by a philosopher and a rabbi

D/T: **Thursday 3:30 - 4:45 PM** Format: **In Person** Location: **SBS S102** Sessions: **8** 

#### PHILOSOPHY AND SOCIAL HOPE

Led by: Richard Hart

Richard Rorty (1931-2007) was arguable the most important American philosopher of the last half century. His books have been translated and read throughout the world. He wrote largely essays that are relatively short, accessible to non-philosophers, and often mix philosophy with the social sciences, arts and literature. He saw himself as extending the American pragmatist tradition, with John Dewey as his philosophical hero

D/T: **Thursday 1:45 - 3:00 PM** Format: **In Person** Location: **SBS S102** Sessions: **8** 

#### **CONTINUING LATIN**

Led by: Thomas Hayes

This offering is for folks who have some familiarity with the structure of Latin and some background in Latin vocabulary. Downloadable copies of material already covered by this group is available. Further information is available at latinlessons.pbworks.org, or contact me at rudedonatus@gmail.com.

D/T: **Thursday 10:15 - 11:30 AM** Format: **Zoom** Location: **Zoom** Sessions: **11** 

#### SHOW BIZ THURSDAY

Led by: Diane Hollander Jeff Hollander

Join us for another journey back to the 20th century revisiting more iconic superstars during their heydays. Be prepared to reminisce during each weekly session while we learn from the celebrity's biographies and watch those memorable performances. They'll truly come to life with our interviews, clip shows and bloopers. Expect a bit of "dirt" about how they lived their lives

D/T: **Thursday 12:00 - 1:15 PM** Format: **Zoom** Location: **Zoom** Sessions: **8** 

HEROIC WOMEN IN THE HEBREW BIBLE: MIRIAM, ESTHER, AND RUTH

Led by: Stephen Karol

These three women are among the most heroic characters in the Hebrew Bible. Two of them have books bearing their names, and one has her own cup at the Passover Seder. All three of them teach us about courage, commitment, & hope. We will read their stories in class and collaborate to find contemporary meaning in these women's experiences.

D/T: **Thursday 1:45 - 3:00 PM** Format: **Hybrid** Location: **N119** Sessions: **10** 



#### AUTOMOBILES: THE BASICS

Led by: Gary Opas

This course covers some basic activities that anyone who drives a car should know. Learn how to: Pump your own gas. Check your oil, brake, power steering, and washer fluid, and add it if needed. Check your tire pressure and add air, if needed. Other topics that members want to

learn later in the course.

D/T: **Thursday 10:15 - 11:30 AM** Format: **In Person** Location: **SBS S102** Sessions: **6** 

#### INSIDE THE ATOM I

Led by: Harold Kirk

The 20th century has witnessed a remarkable advancement in the understanding of the physical nature of the world within the atom. In this course we will be following the trajectory of discoveries which have led to our current understanding, beginning with the discovery of radioactivity in 1896 and culminating with the celebrated discovery of the Higgs boson in 2012.

D/T: **Thursday 10:15 - 11:30 AM** Format: **Zoom** Location: **Zoom** Sessions: **11** 

#### CRAFT OF WRITING

Led by: Mark Prendergast

A roundtable presentation and discussion of members' work in various genres - fiction, non-fiction, poetry, essay, and script-writing. The emphasis is on effective writing techniques, not overall story-telling, so presentations are limited to 500 words or so. Longer work can be excerpted or serialized over the course of the semester.

#### D/T: **Thursday 1:45 - 3:00 PM** Format: **Zoom** Location: **Zoom** Sessions: **11**

#### CASUAL CARDS AND GAMES

Led by: Mary McMullen McMullen Scott McMullen

Join with OLLI friends to play some new and classic board and card games. Each session will start with a brief overview of the day's game and its rules. Then, participants will break into groups or teams to play that game. We plan on sharing four or five games throughout the semester. We will repeat some of the games played in past sessions and add some new ones. You may be familiar with some or all the games ...

D/T: **Thursday 12:00 - 1:15 PM** Format: **In Person** Location: **SBS S102** Sessions: **11** 

#### A New Mindset about Stress

Led by: Wayne Snell

Change your mind - to change your stress. Overstressed? Learning from your Physical and Mental stress. Ways to schedule, and manage stress. Will use the Great Course, DVD, How to Make Stress Work for You, by Dr. Kimberly Bonura

D/T: **Thursday 10:15 - 11:30 AM** Format: **Hybrid** Location: **N119** Sessions: **4** 

#### CONVERSATIONAL SPANISH: CINE Argentino

Led by: Anahi Walton Schafer

Learning a Language by Watching Movies? It sounds too good to be true, but: a. you become more familiar with native, common speech; b. puts vocabulary in context and provides lots of visual clues; c. helps you improve your language skills & have fun at the same time. A selection of Oscar nominee & Oscar winner Argentinian films will be the springboard to combine language learning (vocabulary & grammar) & active communication skills

D/T: **Thursday 12:00 - 1:15 PM** Format: **In Person** Location: **SBS S104** Sessions: **8** 

#### STAINED GLASS WORKSHOP

Led by: Susan Vlahakis Tina Sznitken Diane Streuli

This workshop is recommended for those who already have experience with the basic skills of cutting, grinding and soldering. It is a cooperative learning environment where members help one another to improve their techniques, sharing ideas, and suggestions.

#### D/T: **Thursday 12:00 - 3:00 PM** Format: **In Person** Location: **SBS S109** Sessions: **11**

#### KNIT AND CROCHET YOUR WAY TO ZEN!

Led by: Anahi Walton Schafer

K&C your Way to Zen is open to all levels. If you are a beginner you will use the basics to create beautiful pieces in a relaxed environment. If you are more advanced, bring your project or your ideas and you'll have a sounding board. Bring your preferred tools (needles or a hook), yarn, a measuring tape, scissors, a darning needle and stitch markers.

D/T: **Thursday 1:45 - 3:00 PM** Format: **In Person** Location: **SBS S104** Sessions: **8** 



#### LEARN TO DRAW - FOR BEGINNERS

Led by: Richard Bova

This workshop is an introductory drawing class that will start with sketching basic shapes, adding tone and shading and making use of contour and perspective drawings. It is an abbreviated workshop designed for beginners with little or no drawing experience and a prelude to the next class, Drawing Workshop, which will be held during the Spring semester.

D/T: Friday 10:15 - 11:30 AM Format: Zoom Location: Zoom Sessions: 6

#### **OP-ED, YOUR OPINION OF THEIR OPINION**

Led by: Ken Buxbaum William Russell

Op-Ed provides the opportunity to join in discussions of the political, social and economic issues currently affecting our lives. Each week three different volunteers present newspaper, internet or magazine opinion articles, that can be read aloud in five minutes or less and make for lively discussions by members with differing points of view. While every volunteer has the opportunity to comment,...\*

D/T: Friday 12:00 - 1:15 PM Format: In Person Location: TBD Sessions: 11

#### **CREATIVE PHOTOGRAPHY**

Led by: Doris Diamond

The focus of this workshop is creative photography ideas and methods. The objective is to inspire the participants to try lots and lots of ways to enhance their photos as well as to try new subjects and in camera techniques.

D/T: Friday 10:15 - 11:30 AM Format: **Zoom** Location: **Zoom** Sessions: **11** 

#### THOSE FARAWAY PLACES...

Led by: Ken Geils Dana Geils

In this interactive workshop we'll look at your pix and trips, your tips and treasures, and OURS too! Your bucket lists will be shared; those gaffes and misadventures will be smiled at. Those have-tos: to go, to see, to try, to do, to get, to eat, to miss, to forget, you'll reveal yours and we'll reveal ours. Come join us as we go around the world in 11 sessions: The thrill of the journey and the agony of the feet.

D/T: Friday 8:30 - 9:45 AM Format: In Person Location: SBS N119 Sessions: 11

#### GREAT BOOKS: THE GOTHIC NOVEL

Led by: Anita Edwards

Our study of great books will turn to a selection of gothic novels. Reading may may include Frankenstein by Mary Shelley, Withering Heights by Emily Bronte, The Picture of Dorian Gray by Oscar Wilde, Northanger Abbey by Jane Austen. Titles will be announced closer to beginning of term.

#### D/T: Friday 12:00 - 1:15 PM Format: Zoom Location: Zoom Sessions: 11

#### INTERREGNUM

Led by: Paul Knel

I will segue into World War II when Interregnum ends about 1/3 of the way through the Fall 2023 semester.

D/T: Friday 10:15 - 11:30 AM Format: In Person Location: TBD Sessions: 11

#### Adventures in Art and Photography

Led by: Eric Lohse

Members will submit their photographs, whether traditional or modified, for viewing and discussion by the workshop participants. Emphasis is placed on achieving an effective presentation to the target audience. Members will learn to see more intently.

D/T: Friday 8:30 - 9:45 AM Format: Zoom Location: Zoom Sessions: 11

#### ON1 PHOTO EDITING 2023 PART 2

Led by: Robert Oliva

In this workshop, you will be developing the skills needed to enhance your photos and make them stand out from the crowd using ON1 Photo Raw 2023. We will use it as a complete standalone photo editor, although it can also be used as a plugin.

D/T: **Friday 12:00 - 1:15 PM** Format: **Zoom** Location: **Zoom** Sessions: **11** 



#### **RIGHTS, CAMERA, ACTION**

Led by: Anthony Parlatore Mark Prendergast

Each session features a film with the law as a central element, followed by a guided discussion of the reel vs. real world of crime and punishment, legal rights and wrongs, and governance. The line-up is varied, from "12 Angry Men" to "Kramer vs. Kramer," from "Justice at Nuremberg" to "My Cousin Vinny." The workshop will be co-led by a longtime practicing attorney and a veteran journalist who covered how the law is made and applied.

D/T: Friday 1:45 - 3:00 PM Format: In Person Location: Student Union Auditorium Sessions: 11

#### MEMOIR WRITING

Led by: Dorothy Schiff Shannon

You are the repository of the stories of your time. We will be both storytellers and historians. Memoir writing is a group effort in which we support and critique one another's work, in an effort to produce memoirs worthy of digespreservation.

D/T: Friday 9:30 - 11:30 AM Format: Zoom Location: Zoom Sessions: 11

#### BREAKING BAD...EVERYTHING YOU WANTED TO KNOW BUT WERE AFRAID TO WATCH

Led by: Rick Rubin Bob Decostanzo

The workshop will involve analysis and discussion of 1-2 episodes each week of the NETFLIX series BREAKING BAD. The only requirement is for participants to view an episode(s) prior to class.

D/T: Friday 3:30 - 4:45 PM Format: Zoom Location: Zoom Sessions: 11

FRIDAY



## **OLLI Registration Checklist - Fall 2023**

Before Registration 5/19/23 - 6/11/23	Review the OLLI workshop catalog and schedule.
Registration Request Period Open 6/12/23 -7/13/23	Create an account or sign in to your existing account on the OLLI registration website.
	Review all membership options and in person, hybrid and Zoom workshop offerings.
	Select and purchase your OLLI membership.
	<ul> <li>Request all of the workshops you are interested in.</li> <li>You can request up to 6 in person workshops, including in person sections of Hybrid workshops</li> <li>You can register for unlimited Zoom workshops</li> </ul>
	Prioritize your in person workshop requests before 7/13/23.
Registration Request Period Closes 7/13/23	You must request in person workshops by this date to be included in the Lottery.
Lottery 7/13/23 - 7/18/23	Check your email to learn which workshops you were successfully registered for during the Lottery.
Registration Re-Opens 7/19/23 - 7/26/23	Return to the registration website, login to your account and register for any in person workshops with seats remaining, on a first come, first serve basis.
Registration Closes 7/26	You must register for workshops by this date to participate in the Spring semester.
Schedules Distributed 8/21 - 8/28	Check your email for a copy of your schedule and the links to all Zoom workshops.
Fall Semester Start 9/5/2023	The Fall 2023 semester begins!