



# STONY BROOK UNIVERSITY

## OLLI at Stony Brook University

### Spring 2024 Workshop Catalog

*Registration Period: 12/4/2023 - 1/5/2024*

*Spring Semester: 2/12/2024 - 5/3/2024*

OLLI offers workshops that are designed for retired and semi-retired individuals who are interested in expanding their intellectual horizons in a university setting. OLLI workshops cover every possible genre you can imagine and are led by current OLLI members who volunteer their time.

All information provided in this document is subject to change.

The most up to date information can be found on the registration website.



**STONY BROOK  
UNIVERSITY**

## Helpful OLLI Terminology

### **Locations:**

#### *On campus:*

- **SBS:** Social and Behavioral Sciences Building
- **Wang Center**
- **SAC:** Student Activities Center
- **Student Union**
- **Bauman Center**
- **Building 17**

Campus Map can be found at [this website](#).

#### *Off campus:*

**PJVC:** Port Jefferson Village Center

#### *Workshop Formats:*



**Hybrid:** These workshops will be held in person and on Zoom simultaneously, with the workshop leader conducting the workshop from the Stony Brook campus. At the time of registration, members will have the option of registering for either the in person section or Zoom section of the workshop.



**In Person:** Members will come to the Stony Brook campus or select off campus locations to attend these workshops.



**Zoom:** Members will attend these workshops virtually on Zoom.

#### *Abbreviations:*

D/T: Day/Time

\***READ MORE:** [www.campusce.net/stonybrookolli](http://www.campusce.net/stonybrookolli)



### **A Celebration of Rock and Soul Music**

Led by: Bob Hayes &  
Susan Steinmann

In this workshop, we will view and listen to some of Rock and Soul Music's greatest performers. Besides enjoying some of their finest songs and albums, we will explore their early, formative years. This will help us better appreciate and understand their musical craft. Our workshop...\*

D/T: **Monday 12:00 - 01:15 PM**

Location: **Zoom**  
Sessions: **11**



### **Understanding Opera**

Led by: Irma & Sol  
Gurman

Exploring operas and topics relevant to operas, such as listening to famous performances, lives of the composers, famous artists, etc.

D/T: **Tuesday 01:45 - 03:00 PM**

Location: **Zoom**  
Sessions: **11**



### **American Plays**

Led by: Irma & Sol  
Gurman

We read aloud, watch, and discuss American plays. We learn about the playwrights, criticisms, and other relevant issues. The objective is to familiarize the workshop with great drama.

D/T: **Tuesday 12:00 - 01:15 PM**

Location: **Zoom**  
Sessions: **11**



### **Watercolor Studio**

Led by: Bob Stone &  
Dorothy Sterrett

In this workshop, we will explore more advanced techniques/concepts in watercolor painting. We will create watercolor paintings and constructively critique each other's work. Participants should have experience in the creation of watercolor paintings, along with...\*

D/T: **Wednesday 08:30 - 11:30 AM**

Location: **SBS S104**  
Sessions: **11**



## A Musical Grand Tour

Led by: David Bouchier

Join us on Zoom for a European Grand Tour in Music, from London and Paris to Prague and Venice, seeing the sights, meeting the composers, and hearing their music. The Grand Tour was how a wealthy young man in the eighteenth or nineteenth century would...\*

D/T: **Wednesday 12:00 - 01:15 PM**

Location: **Zoom**  
Sessions: **11**



## Stained Glass Workshop

Led by: Susan Vlahakis,  
Diane Streuli & Linda  
Hamatz

This workshop is recommended for those who already have experience with the basic skills of cutting, grinding, and soldering. It is a cooperative learning environment where members help one another to improve their techniques, sharing ideas, and suggestions.

D/T: **Thursday 10:15 AM - 03:00 PM**

Location: **SBS S109**  
Sessions: **11**



## Tragic Theater

Led by: Arthur  
Bernstein

This semester, we'll discuss Tom Stoppard's absurdist play "Rosencrantz and Guildenstern are Dead." To better understand it, we'll first discuss two related predecessors, among the finest plays in the Western Canon: Shakespeare's "Hamlet" and...\*

D/T: **Thursday 10:15 - 11:30 AM**

Location: **Zoom**  
Sessions: **11**



## Survey of Enjoyable Music: Symphonic Work to Modern Music and Dance

Led by: Fred Friedberg

This workshop will present a broad overview of music that begins with the lyrical poems of the Middle Ages, the harmonies of the Renaissance, and the drama of the Baroque era. We will preview both solo and symphonic works through the classical and romantic periods...\*

D/T: **Thursday 01:45 - 03:00 PM**

Location: **Zoom**  
Sessions: **11**

\***READ MORE:** [www.campusce.net/stonybrookolli](http://www.campusce.net/stonybrookolli)



## Drawing Workshop

Led by: Richard Bova

This workshop is a continuation of the Learn to Draw series of workshops. An assignment will be given each week (landscape, animals, still life, human body) along with a discussion and videos on how to approach the drawing. PowerPoint slides with...\*

D/T: **Friday 10:15 - 11:30 AM**

Location: **Zoom**  
Sessions: **10**



## Leonard Bernstein

Led by: Irma Gurman & Sol Gurman

With the Bradley Cooper movie, "Maestro," opening soon, it is time to revisit the story of this fascinating musician. If you missed the workshop last time or would like to take it again, this comprehensive study of the man and his music is for you.

D/T: **Friday 01:45 - 03:00 PM**

Location: **Zoom**  
Sessions: **11**



**A Beginner's Guide to Word Processors and Spreadsheets - Part 2**

Led by: Thom Brownworth & Jane Cash

This will be a continuation of the Fall Semester course by the same name. We will pick up where we left off and cover such topics as using styles in Word, creating custom formulas in Excel. We will also look at how to do these same things in Apple Pages and Numbers along with the...\*

D/T: **Tuesday 03:30 - 04:45 PM**

Location: **Zoom**  
Sessions: **11**



**Canva for Beginners**



Led by: Pam O'Brien & Nancy Pally

Canva is a cloud-based design program that enables its users to create professional-looking graphics. What's more, Canva is really easy to learn and fun to use! This class will be project-based where we'll design stickers, invitations, social media posts, and even design our own...\*

D/T: **Thursday 10:15 - 11:30 AM**

Location: **SBS S104**  
Sessions: **9**



**A Beginner's Guide to Word Processors and Spreadsheets - Part 1**

Led by: Thom Brownworth



We will be using the Microsoft programs "Word" and "Excel," but if participants ask, we will also have some thoughts on the Google programs "Docs" and "Sheets," as well as the Apple programs "Pages" and "Numbers" in this course. We will answer questions such as...\*

D/T: **Wednesday 08:30 - 09:45 AM**

Location: **Building 17**  
Sessions: **11**

\***READ MORE:** [www.campusce.net/stonybrookolli](http://www.campusce.net/stonybrookolli)



### **The Twilight Zone Continues**

Led by: Robert Mirman & Jay Zuckerman

Looking back on an iconic television show from our past: "The Twilight Zone." We will watch selected half-hour episodes and then discuss and analyze the episodes.

D/T: **Monday 10:15 - 11:30 AM**

Location: **SAC 306**  
Sessions: **11**



### **2001: A Space Odyssey- Mythology for Evolution of Human Consciousness**

Led by: Anthony A. Esposito

Explore this film as a mythical journey into the evolution of human consciousness. Discuss the biology, neuroscience, and anthropology that underpin several specific iconic film scenes. Later in the workshop, we will discuss the climactic film sequence that unifies and clarifies...\*

D/T: **Tuesday 12:00 - 01:15 PM**

Location: **SBS S102**  
Sessions: **11**



### **If Your Feet are Cold, Put on a Hat**

Led by: Bruce Stasiuk

It goes without saying, and not for nothing, this full-service, paleo workshop is not rocket surgery. In other words, think of it as a tasting menu for Feng Shui ideas. Using reverse engineering, we'll unpack concepts such as, why the gorilla in the room is always 800 pounds...\*

D/T: **Monday 01:45 - 03:00 PM**

Location: **Zoom**  
Sessions: **11**



### **Indigenous Films**

Led by: Susan Steinmann

This term, we will present indigenous films and filmmakers, as well as print expressions, to examine and confront the past in an artistic and creative way. These productions are not ABOUT Native Americans but BY indigenous people about themselves and their lives...\*

D/T: **Tuesday 03:30 - 04:45 PM**

Location: **Zoom**  
Sessions: **11**





## Evolution of Comedy **NEW**

Led by: Alan Goldman

At our premier Evolution of Comedy workshop, we will review and discuss various aspects of humor dating back about 3,723 years, 4 months, 2 days, and 18 hours, when the first written joke was discovered. We will fast forward to 1846 when Vaudeville and Burlesque began...\*

D/T: **Wednesday 12:00 - 01:15 PM**

Location: **SBS N112**  
Sessions: **11**



## Breaking Bad...Everything You Wanted To Know But Were Afraid To Watch

Led by: Rick Rubin & Bob Decostanzo

The workshop will involve the analysis and discussion of 1-2 episodes each week of the NETFLIX series BREAKING BAD. The only requirement is for participants to view an episode(s) prior to class.

D/T: **Friday 03:30 - 04:45 PM**

Location: **Zoom**  
Sessions: **11**



## Show Biz Thursday

Led by: Diane Hollander, Jeff Hollander, Larry Fein

Join us for another journey back to the 20th century, revisiting more iconic superstars during their heydays. Be prepared to reminisce during each weekly session while we learn from the celebrity's biographies and watch those memorable performances. They'll...\*

D/T: **Thursday 12:00 - 01:15 PM**

Location: **Zoom**  
Sessions: **8**

TV, Film and Entertainment

\***READ MORE:** [www.campusce.net/stonybrookolli](http://www.campusce.net/stonybrookolli)



### **Let's Play Chess**

Led by: Dan Sherry & Faye Graber

This workshop will provide participants with the opportunity to play the game. Based on beginner to accomplished levels, participants will be paired off for a game or two. Beginners will have an opportunity to learn basic concepts and opening moves. The workshop will open...\*

D/T: **Monday 10:15 - 11:30 AM**

Location: **SBS S102**  
Sessions: **10**



### **Mahjongg**

Led by: Diane Fischer & Karen Jaffe

In this workshop, we aim to teach the basics of mahjongg, covering the card, tile rules, and strategies. Participants will have the opportunity to play the game. To join, participants must have the 2023 mahjongg card, which can be obtained from...\*

D/T: **Wednesday 08:30 - 09:45 AM**

Location: **SBS S102**  
Sessions: **11**



### **Duplicate Bridge**

Led by: Arnie Fox & Sherry Shore

In this workshop, we will continue to enhance our bridge skills in a duplicate environment. Participants should have knowledge of conventions and techniques from previous semesters. If you are unsure whether this workshop is appropriate for you, feel free to...\*

D/T: **Tuesday 01:00 - 04:00 PM**

Location: **Port Jefferson Village Center**  
Sessions: **11**



### **Casual Cards and Games**

Led by: Mary McMullen & Scott McMullen

Join OLLI friends for a delightful time playing both new and classic board and card games. Each session will commence with a brief overview of the selected game for the day along with its rules. Participants will then form groups or teams to engage in the gameplay, which...\*

D/T: **Thursday 12:00 - 01:15 PM**

Location: **SBS S102**  
Sessions: **11**

\*Complete description available at: [www.campusce.net/stonybrookolli](http://www.campusce.net/stonybrookolli)



## Bridge 4

Led by: Linda Good &  
Merna Avril

"This semester ( semester 4) the beginning bridge class will cover the following conventions:

One no trump forcing

Two over One

Michaels Cue Bids

The Unusual two No trump

Reverses...\*

D/T: **Thursday 01:00 - 04:00 PM**

Location: **Port Jefferson Village Center**

Sessions: **11**

\***READ MORE:** [www.campusce.net/stonybrookolli](http://www.campusce.net/stonybrookolli)



### **Stretch and Lift**

Led by: Mary Hance

This workshop will be a low-intensity, low-impact fitness activity. There will be a warm-up, some mild cardio, stretching, and light-weight exercises. Supplies: Participants will need two sets of weights- a light and a medium (light 1, 2 or 3 lbs, and medium 3, 4...\*

D/T: **Monday 09:00 - 09:45 AM**

Location: **SBS N119**

Sessions: **6**



### **Walking for Fitness**

Led by: Mary Hance

This workshop will discuss the importance of having a variety of exercises in your daily routine. We will learn to stretch prior to walking, & discuss & demonstrate the proper way to walk. We will walk on the SBU campus taking a variety of routes.

D/T: **Monday 09:00 - 09:45 AM**

Location: **SBS N119**

Sessions: **5**



### **Yoga 101**

Led by: Denise Teague

Yoga 101 is a welcoming space for everyone, especially those new to or with limited experience in yoga. Our focus is on the fundamentals of yoga, introduced at a comfortable pace in a safe, inclusive, and non-judgmental environment. Through step-by-step verbal...\*

D/T: **Tuesday 10:15 - 11:30 AM**

Location: **Zoom**

Sessions: **11**



### **Science of Natural Healing**

Led by: Wayne Snell

Explore holistic approaches to healthcare and discover various natural-based treatments and methods that are both clinically proven and readily available. This workshop integrates The Great Course DVD by Professor Mimi Guarneri, M.D. FACC (Scripps...\*

D/T: **Thursday 10:15 - 11:30 AM**

Location: **Zoom & SBS N119**

Sessions: **11**



### Ancient Roman History at a Glance

Led by: Thomas Hayes

In this workshop, we will discuss the sweep of Ancient Rome's twelve-hundred-year histories. We'll use two sets of videos, slowing down for a more in-depth look at the 1st century CE. Both sets are grounded in discussions with Classics professors...\*

D/T: **Monday 10:15 - 11:30 AM**

Location: **Zoom**  
Sessions: **11**



### American Foreign Policy

Led by: Martin Levinson

This workshop will involve discussions of the eight critical foreign policy issues listed in the 2024 Great Decisions Program, America's largest discussion program on world affairs.

D/T: **Tuesday 08:30 - 09:45 AM**

Location: **Zoom**  
Sessions: **8**



### Current Events

Led by: Len Farano

Participant discussion of current events, with an occasional emphasis on politics and changing laws.

D/T: **Monday 12:00 - 01:15 PM**

Location: **Zoom**  
Sessions: **11**



### Moments In History

Led by: John Molfetta

In this workshop, we will explore several historical "snapshots" from the past, including topics such as the American Mafia, Cotton Club, Gangs of New York, and more. We invite you to join us on this exciting adventure.

D/T: **Tuesday 12:00 - 01:15 PM**

Location: **SBS S104**  
Sessions: **11**

\***READ MORE:** [www.campusce.net/stonybrookolli](http://www.campusce.net/stonybrookolli)



### **Women You Should Know**

Led by: Ella Nyc, Mary Hance & Fran Leiboff

History isn't merely what happened; it's who tells the story.\* "Women You Should Know" delves into the stories of the numerous famous and infamous women of history while attempting to answer the question: Why didn't I know this? \*Sally Roesch Wagner

D/T: **Wednesday 10:15 - 11:30 AM**

Location: **SAC 302**  
Sessions: **9**



### **The 1619 Project**

Led by: Jane Cash & Carmela Gustafson

This semester, we continue to explore The 1619 Project, a Pulitzer Prize-winning series by The New York Times that traces the history of the United States from 1619 when the first enslaved Africans were brought to Virginia and traded by pirates for...\*

D/T: **Wednesday 12:00 - 01:15 PM**

Location: **SBS N119 & Zoom**  
Sessions: **6**



### **American Presidential Election / Campaigns**

Led by: Kenneth Geils & Dana Geils

The presidential race of 2024 is well underway, and we have a bunch of wannabes/candidates in both the GOP & the Democratic Party. The first primaries will be over before our workshop begins. We will watch the race as it unfolds; however, our main focus will be on the...\*

D/T: **Wednesday 10:15 - 11:30 AM**

Location: **SAC 305**  
Sessions: **11**



### **Liberalism, Conservatism, Socialism: What Do These Words Mean and Where Did They Come From?**

Led by: Frank Myers

This workshop focuses on some of the main European thinkers and writers—Hobbes, Locke, Mill, Burke, Marx, among them—who developed the ideas and arguments that play a large part in our politics today. The workshop explores questions such as, "Where do rights come from?"...\*

D/T: **Thursday 01:45 - 03:00 PM**

Location: **Zoom**  
Sessions: **11**

\*Complete description available at: [www.campusce.net/stonybrookolli](http://www.campusce.net/stonybrookolli)



## **Interregnum**

Led by: Paul Knel

During this workshop, we will explore the events and personalities that shaped history from November 11, 1918, through September 1, 1939.

**D/T: Friday 10:15 - 11:30 AM**

Location: **SAC 311**  
Sessions: **10**



## **Rights, Camera, Action**

Led by: Mark Prendergast & Tony Parlato

Each session features a film with the law as a central element, followed by a guided discussion of the reel vs. real world of crime and punishment, legal rights and wrongs, and governance. The lineup is varied, from "12 Angry Men" to "Kramer vs. Kramer,"...\*

**D/T: Friday 01:45 - 04:45 PM**

Location: **Student Union Auditorium**  
Sessions: **11**



## **Op-Ed, Your Opinion of Their Opinion**

Led by: Ken Buxbaum & William Russell

Op-Ed provides the opportunity to engage in discussions about political, social, and economic issues currently affecting our lives. Each week, three different volunteers present newspaper, internet, or magazine opinion articles that can be read aloud in...\*

**D/T: Friday 12:00 - 01:15 PM**

Location: **SAC 311**  
Sessions: **10**

**\*READ MORE:** [www.campusce.net/stonybrookolli](http://www.campusce.net/stonybrookolli)



### **Advanced Latin**

Led by: Thomas Hayes

Ever thought you should have studied Latin—or did but forgot it all? Here's your chance. Learn the basic building blocks of Latin reading, as well as how Latin still underpins English vocabulary (more than 60% of what we read!), and the influence of Roman culture on...\*

D/T: **Tuesday 10:15 - 11:30 AM**

Location: **Zoom**  
Sessions: **11**



### **Conversational French**

Led by: Catherine McDonnell

This workshop is for those who have some background in French and are seeking an opportunity to develop fluency in the language. There will be a variety of activities designed to expand vocabulary, review grammar, and promote conversation. Alors, venez, apprenez, et amusez-vous...\*

D/T: **Wednesday 10:15 - 11:30 AM**

Location: **SBS S109**  
Sessions: **11**



### **French for Beginners- Part 3**

Led by: Catherine McDonnell

We will continue learning basic vocabulary and common phrases for use in simple conversations. There will be a variety of activities designed to develop listening and speaking skills. So come, learn to speak French, and have fun.

D/T: **Wednesday 08:30 - 09:45 AM**

Location: **SBS S109**  
Sessions: **11**



### **Continuing Latin**

Led by: Thomas Hayes

Salvete! This workshop is for those who have spent at least 2 years in the OLLI Latin program or have a pretty good understanding of how Latin works, as well as a basic Latin vocabulary. There will be lots of reviews for those who are rusty. Be brave! All materials will be...\*

D/T: **Thursday 10:15 - 11:30 AM**

Location: **Zoom**  
Sessions: **11**





## Conversational Spanish: Cine Argentino

Led by: Anahi Walton Schafer

Learning a Language by Watching Movies? It sounds too good to be true, but:

- a. you become more familiar with native, common speech
- b. puts vocabulary in context and provides lots of visual clues
- c. helps you improve your...\*

D/T: **Thursday 12:00 - 01:15 PM**

Location: **SBS S104**

Sessions: **10**

\***READ MORE:** [www.campusce.net/stonybrookolli](http://www.campusce.net/stonybrookolli)



### Poetry Workshop

Led by: Geri Kaplan & Bob Stone

This workshop centers on the craft of writing poetry. Participants are encouraged to bring in their poetry and share their work with the group. The objective is to identify the strengths of the writing and provide constructive feedback, fostering an environment that encourages....\*

D/T: **Monday 10:15 - 11:30 AM**

Location: **Zoom**  
Sessions: **11**



### History Through Literature

Led by: Joseph Napolitano, Laura Filipino & Judy Albano

Join in stimulating discussions about works of historical fiction. The co-leaders will serve as the discussion leaders for the early sessions. Our first book will be "THE DIAMOND EYE" by Kate Quinn. Additional book suggestions will be subject to group voting. This is....\*

D/T: **Monday 10:15 - 11:30 AM**

Location: **SBS N119**  
Sessions: **11**



### Literature of India: Fiction

Led by: Narayan Hegde

"The storytelling which has existed in Indian classical literature, was newly inspired by the Western genre of fiction. This workshop will focus on fiction written by prominent Indian authors. For each workshop meeting, members will be asked to read short stories and novels...\*

D/T: **Monday 10:15 - 11:30 AM**

Location: **Zoom**  
Sessions: **7**



### Digesting a Good Book

Led by: Dana Geils

Read a book and engage in lively discussions with fellow OLLI members in a friendly and welcoming atmosphere. Explore the style and quality of the writing, delve into the characters, dissect the plot, and unravel the themes and problems presented in both fiction...\*

D/T: **Monday 12:00 - 01:15 PM**

Location: **Zoom**  
Sessions: **3**

\*Complete description available at: [www.campusce.net/stonybrookolli](http://www.campusce.net/stonybrookolli)



**Biography Lovers** 

Led by: Karen DiPaola & Judith Albano

At the core of every biography is the story of someone's humanity. Biographies allow us to see life through someone else's eyes. Join us as we read and discuss some fascinating biographies. We will begin with 'The Great Bridge: The Epic Story of the Building of the...'

D/T: **Monday 12:00 - 01:15 PM**

Location: **SBS S102**  
Sessions: **11**



**The ABCs of Writing Fiction**

Led by: Ada Graham & Joseph Perlman

This workshop caters to proficient writers with a penchant for extensive reading, aspiring to craft fiction, whether in the form of short stories or novels. Each session will intricately explore a specific facet of fiction, such as setting, characterization, dialogue, point...'

D/T: **Tuesday 01:45 - 04:45 PM**

Location: **SBS S109**  
Sessions: **6**



**Great Short Stories Alice Munro Part 2**

Led by: Joe Perlman

We will continue our structured inquiry discussion format, concluding the Alice Munro anthology we started in the Fall. Additional later stories will be included to provide a comprehensive perspective on Munro's body of work.

D/T: **Tuesday 12:00 - 01:15 PM**

Location: **SBS S109**  
Sessions: **11**



**Shakespeare Uncovered**

Led by: Michael LoMonico

If you never quite understood Shakespeare in school, or if you did, but still don't understand what all the fuss is about, or even if you love Shakespeare and often go to see his plays, you'll like this course. Explore the fascinating history behind ten of Shakespeare's...'

D/T: **Wednesday 12:00 - 01:15 PM**

Location: **Student Union Auditorium**  
Sessions: **11**

**Literature and Writing**

\***READ MORE:** [www.campusce.net/stonybrookolli](http://www.campusce.net/stonybrookolli)



### Poetry Out Loud

Led by: Florence Mondry

A workshop for the discussion of poetry presented by volunteer members in order to discover together the pleasure and beauty of poems and get to know the poets who created them in an environment conducive to understanding what makes a poem a poem.

D/T: **Wednesday 12:00 - 01:15 PM**

Location: **SBS S102**  
Sessions: **11**



### Memoir Writing

Led by: Dorothy Schiff Shannon

You are the repository of the stories of your time. We will be both storytellers and historians. Memoir writing is a group effort in which we support and critique one another's work, in an effort to produce memoirs worthy of preservation.

D/T: **Friday 09:30 - 11:30 AM**

Location: **Zoom**  
Sessions: **11**



### Craft of Writing

Led by: Mark Prendergast

This workshop features a roundtable presentation and discussion of members' work in various genres, including fiction, non-fiction, poetry, essays, and scriptwriting. The emphasis is on effective writing techniques rather than overall storytelling, so presentations are...\*

D/T: **Thursday 01:45 - 04:45 PM**

Location: **Zoom**  
Sessions: **11**



### Down the River: The Adventures of Huckleberry Finn

Led by: Amy Benjamin



The Adventures of Huckleberry Finn, Mark Twain's masterpiece, has been in trouble since its publication 189 years ago. Ernest Hemingway said: "All modern American literature comes from one book: Huck Finn." Come and explore why.

D/T: **Friday 10:15 - 11:30 AM**

Location: **SBS N119**  
Sessions: **11**

\*Complete description available at: [www.campusce.net/stonybrookolli](http://www.campusce.net/stonybrookolli)



**Great Books - Matters  
of Language and  
Governance**

Led by: Anita Edwards

Great Books - The spring term will focus on the importance of language in shaping human governance. Reading will include Shakespeare's 'Julius Caesar' and George Orwell's 'Nineteen Eighty-Four.' Other material may be added as time allows.

D/T: **Friday 12:00 - 01:15 PM**

Location: **Zoom**

Sessions: **11**

\*READ MORE: [www.campusce.net/stonybrookolli](http://www.campusce.net/stonybrookolli)



**Nature  
Photography: Gems  
of Long Island**

Led by: Susan & Robert  
Steinmann

In the "Nature Photography Gems of Long Island" workshop, we will explore the elements of good composition in nature photography. Additionally, we will highlight various locations within Long Island's beautiful nature preserves that provide excellent opportunities...\*

D/T: **Monday 08:30 - 09:45 AM**

Location: **Zoom**  
Sessions: **11**



**Adventures in Art  
and Photography**

Led by: Eric Lohse

In this workshop, members will share and discuss their photographs, whether traditional or modified, fostering a collaborative environment for constructive feedback and insights. The emphasis lies in achieving effective presentations tailored to the...\*

D/T: **Friday 08:30 - 09:45 AM**

Location: **Zoom**  
Sessions: **11**



**Photography  
Before Photoshop  
Part II**

Led by: Frank De Rubies

Welcome to Part Two of our foundational photography course, where we delve into the essential techniques that elevate your skills from smartphones to digital single-lens reflex cameras. Building on the technical aspects covered in Part One, this segment focuses on...\*

D/T: **Monday 12:00 - 01:15 PM**

Location: **SBS S104**  
Sessions: **11**



**Creative  
Photography**

Led by: Doris Diamond

This workshop centers on creative photography ideas and methods, aiming to inspire participants to explore various ways to enhance their photos. The objective is to encourage experimentation with new subjects and in-camera techniques, fostering a dynamic and...\*

D/T: **Friday 10:15 - 11:30 AM**

Location: **Zoom**  
Sessions: **11**

\*Complete description available at: [www.campusce.net/stonybrookolli](http://www.campusce.net/stonybrookolli)



## ON1 Photo Editing Hands-On Part 3

Led by: Robert Oliva

Welcome back to our ON1 workshop, where we'll leverage the editing prowess of ON1 covered in the previous semester. Each week, before our class sessions, participants will apply a designated editing technique of ON1 (like AI masking) to edit images provided...\*

D/T: **Friday 12:00 - 01:15 PM**

Location: **Zoom**  
Sessions: **11**

Photography

\***READ MORE:** [www.campusce.net/stonybrookolli](http://www.campusce.net/stonybrookolli)



### **The Near-Death Experience (NDE)**

Led by: Gregory Alexander, PhD

In this workshop, we will delve into near-death experiences (NDEs), primarily exploring reports and research conducted by medical doctors. The typical elements of NDEs will be described, and we will discuss the research findings related to these experiences. The course...\*

D/T: **Monday 10:15 - 11:30 AM**

Location: **SBS N112**  
Sessions: **11**



### **New York Times Science Seminar**

Led by: Bonnie Marks & Allen Sachs

This is a collaborative workshop where members take turns leading discussions each week. Our guide is the New York Times Science section, published every Tuesday. Volunteers introduce the articles and explain why the article is important. The workshop continues the....\*

D/T: **Monday 01:45 - 03:00 PM**

Location: **SBS N119**  
Sessions: **10**



### **Mysteries of Human Evolution**

Led by: Larry Wilson

This workshop will focus on the what and why of human evolution from a scientific perspective. It will explore the reasons for our physical appearance and behavior. The principles and rules governing evolution will be discussed, addressing questions like why we...\*

D/T: **Monday 12:00 - 01:15 PM**

Location: **SBS N119**  
Sessions: **11**



### **Basic Natal Astrology**



Led by: Annette Napolitano

Astrology serves as a tool for comprehending others, employing a rich and comprehensive language. This course is designed to elucidate the fundamental elements of an astrological chart, equipping participants with the knowledge necessary for interpreting charts...\*

D/T: **Tuesday 10:15 - 11:30 AM**

Location: **SBS N119**  
Sessions: **11**

\*Complete description available at: [www.campusce.net/stonybrookolli](http://www.campusce.net/stonybrookolli)





### Food, Science and the Human Body, Part III

Led by: Peter Akras

In this workshop, we will explore the intimate connection between human evolution, the rise of civilization, and the evolution of our diet. Focusing on a Great Courses video series in association with National Geographic, Professor Alyssa Crittenden provides insights into...\*

D/T: **Tuesday 10:15 - 11:30 AM**

Location: **SBS S102**  
Sessions: **11**



### Behavioral Neurosciences

Led by: Paul Mohan

In this workshop, we will steer clear of the technical complexities of neurosciences. The focus is on fostering understanding and appreciation of how the brain communicates with our bodies and our environment, resulting in remarkable interactions. The...\*

D/T: **Tuesday 01:45 - 03:00 PM**

Location: **Zoom & SBS S102**  
Sessions: **11**



### Topics in Philosophy

Led by: Natika Newton

Meetings will consist of lectures and class discussions exploring fundamental philosophical issues, including metaphysics, the theory of knowledge (can we know anything for sure?), life after death (is it possible?), free will (or are our actions predetermined?), and...\*

D/T: **Tuesday 01:45 - 03:00 PM**

Location: **SBS S104**  
Sessions: **11**



### The Science Behind the Headlines: Climate Change & Other Issues

Led by: Gene Sprouse & Peter Bond

The workshop aims to convey the fundamental science behind current and vital subjects in a manner accessible to non-experts. Topics will span global warming, energy, medical radiation, GPS, black holes, the big bang, and other subjects of interest. Both leaders, being...\*

D/T: **Wednesday 10:15 - 11:30 AM**

Location: **Zoom & SBS S102**  
Sessions: **11**

Science and Philosophy

\***READ MORE:** [www.campusce.net/stonybrookolli](http://www.campusce.net/stonybrookolli)



### **Engineering Failures and the Lessons They Teach**

Led by: Ed Cohen



### **Inside the Atom**

Led by: Harold Kirk

In this workshop, we will utilize a DVD to discuss various engineering failures and analyze the reasons behind their occurrence. The topics will range from the collapse of a medieval cathedral to the crash of a 21st-century airliner. Join us as we delve into the intricacies of...\*

D/T: **Wednesday 12:00 - 01:15 PM**

Location: **SBS S109**  
Sessions: **11**

The 20th century has witnessed remarkable advancements in understanding the physical nature of the world within the atom. In this course, we will trace the trajectory of discoveries that have shaped our current understanding, starting with the discovery of radioactivity in...\*

D/T: **Thursday 10:15 - 11:30 AM**

Location: **Zoom**  
Sessions: **11**

\*Complete description available at: [www.campusce.net/stonybrookolli](http://www.campusce.net/stonybrookolli)



## Business of Sports

Led by: Jeff Hollander & Larry Fein

In this sports workshop, we will assess the performance of the major professional teams in the New York Metro area, which have not secured a championship season in well over a decade. Despite this, we will explore the factors contributing to inflated player salaries, increasing...\*

D/T: **Tuesday 10:15 - 11:30 AM**

Location: **Zoom**  
Sessions: **9**



## Environmental Gardening

Led by: Caroline Kiang & Anahi Walton Schafer

Environmental gardening is a choice for sustainable living, emphasizing proper cultural practices to protect the environment during gardening activities. It involves providing food and shelter for pollinators and wildlife by incorporating native plants and water features. The...\*

D/T: **Friday 10:15 - 11:30 AM**

Location: **Zoom**  
Sessions: **7**



## Knitting for Babies, Toddlers, and Preschoolers

Led by: Anahi Walton Schafer

This workshop offers the opportunity to create handknit gifts for little ones. Participants can choose from a variety of projects such as hats, mitts, sweaters, cardigans, and blankets. To participate, attendees should bring soft, medium yarn labeled as "baby," a pair of...\*

D/T: **Thursday 01:45 - 03:00 PM**

Location: **SBS S104**  
Sessions: **10**

\***READ MORE:** [www.campusce.net/stonybrookolli](http://www.campusce.net/stonybrookolli)



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## **The National Parks of California Part 2**

Led by: John Gobler

This workshop is a continuation of "The National Parks of California Part 1," offered in the Fall of 2022.

D/T: **Thursday 10:15 - 11:30 AM**

Location: **Zoom**

Sessions: **11**

**Travel**



## OLLI Registration Checklist - Spring 2024

<p>Before Registration 11/20/23 - 12/3/23</p>	<p><input type="checkbox"/> Review the OLLI workshop catalog and schedule.</p>
<p>Registration Request Period Open 12/4/23 - 1/5/24</p>	<p><input type="checkbox"/> Create an account or sign in to your existing account on the OLLI <a href="#">registration website</a>.</p>
	<p><input type="checkbox"/> Review all membership options and in person, hybrid and Zoom workshop offerings.</p>
	<p><input type="checkbox"/> Select and purchase your OLLI membership.</p>
	<p><input type="checkbox"/> Request all of the workshops you are interested in.</p> <ul style="list-style-type: none"> <li>o You can request up to <b>6 in person workshops</b>, including in person sections of Hybrid workshops</li> <li>o You can register for <b>unlimited Zoom workshops</b></li> </ul>
<p><input type="checkbox"/> Prioritize your in person workshop requests <b>before 1/5/24</b>.</p>	
<p>Registration Request Period Closes <b>1/5/24</b></p>	<p><input type="checkbox"/> You must request in person workshops by this date to be included in the Lottery.</p>
<p>Lottery 1/8/23 - 1/16/23</p>	<p><input type="checkbox"/> Check your email to learn which workshops you were successfully registered for during the Lottery.</p>
<p>Registration Re-Opens 1/17/24 - 1/24/24</p>	<p><input type="checkbox"/> Return to the registration website, login to your account and register for any in person workshops with seats remaining, on a first come, first served basis.</p>
<p>Registration Closes <b>1/24</b></p>	<p><input type="checkbox"/> You must register for workshops by this date to participate in the Spring semester.</p>
<p>Schedules Distributed 2/5 - 2/9</p>	<p><input type="checkbox"/> Check your email for a copy of your schedule and the links to all Zoom workshops.</p>
<p>Spring Semester Start 2/12/2024</p>	<p><input type="checkbox"/> The Spring 2024 semester begins!</p>

\*READ MORE: [www.campusce.net/stonybrookolli](http://www.campusce.net/stonybrookolli)