

INTERNSHIP PROGRAM TABLES
Date Program Tables are updated: 8/17/23

Program Disclosures

As articulated in Standard I.B.2, programs may have “admission and employment policies that directly relate to affiliation or purpose” that may be faith-based or secular in nature. However, such policies and practices must be disclosed to the public. Therefore, programs are asked to respond to the following question.

Does the program or institution require students, trainees, and/or staff (faculty) to comply with specific policies or practices related to the institution’s affiliation or purpose? Such policies or practices may include, but are not limited to, admissions, hiring, retention policies, and/or requirements for completion that express mission and values.	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
If yes, provide website link (or content from brochure) where this specific information is presented:	

Internship Program Admissions

Briefly describe in narrative form important information to assist potential applicants in assessing their likely fit with your program. This description must be consistent with the program’s policies on intern selection and practicum and academic preparation requirements:

The Stony Brook University Consortium Internship Program (SBU-CIP) offers a full-time, 12-month, doctoral internship in clinical psychology to qualified students in doctoral psychology programs. The SBU-CIP includes two-member agencies: the Leonard Krasner Psychological Center (KPC), a psychology training clinic associated with the doctoral program in clinical psychology, Department of Psychology (College of Arts and Sciences), and the Mind Body Clinical Research Center (MB-CRC), an outpatient facility associated with the Department of Psychiatry (Stony Brook Medicine). Although completely distinct in administration and location, both member agencies are part of the Stony Brook University (SBU). The SBU-CIP is partially affiliated with the SBU doctoral program in clinical psychology.

The overall aim of the SBU-CIP is to train and educate psychology interns to practice professional psychology competently based on a clinical scientist model. The training philosophy is informed by the Evidence Based Practice in Psychology (EBPP) approach, which encompasses the notion that best practice is grounded in the integration of the best available research with clinical expertise in the context of key patient characteristics (including culture, diversity, and preferences). A scientifically-minded approach informs every aspect of the SBU-CIP program. The patient population includes children, adolescents, and adults. For this upcoming training year, there are 4 adult track positions and 2 child track positions available.

The SBU-CIP is designed to provide interns with training and experience in delivering services across various therapeutic settings, including outpatient mental health facilities and hospital-based programs. Our trainees rotate through a variety of hospital-based clinical settings (e.g., a psychiatric emergency room, inpatient psychiatry units (adult or child), and the hospital consultation/liaison service). Our primary training orientation is cognitive-behavioral (CBT), including third-wave CBT interventions [e.g., Cognitive Behavioral Analysis System of Psychotherapy (CBASP), Dialectical Behavior Therapy (DBT), Acceptance and Commitment Therapy (ACT) and mindfulness-based therapies]. Interns may also receive training in neurodevelopmental disorders, behavioral medicine, and working in integrated medical settings (e.g., bariatric weight loss center).

Does the program require that applicants have received a minimum number of hours of the following at time of application? If Yes, indicate how many:

Total Direct Contact Intervention Hours: N Y Amount: 450

Total Direct Contact Assessment Hours: N Y Amount: 100

Describe any other required minimum criteria used to screen applicants:

- **Academic Record.** To ensure interns have the broad knowledge of psychology necessary for more advanced work, applicants must have completed all doctoral-level coursework prior to the internship application deadline. The SBU-CIP only considers applicants identified by their director of clinical training as having met their program's minimum levels of competency for internship entry standards.
- **Dissertation.** Interns are expected to have successfully defended their dissertation proposal prior to their internship application. If interns have not completed their dissertation by the time they start internship, they will coordinate a completion schedule with their research supervisor at their home training site before engaging in additional research activities during internship.
- **Clinical Experience.** Applicants must show a desire to follow the *clinical scientist* model. Preference is given to applicants who have broad doctoral-level practicum experiences in regard to client populations, assessment skills and modalities of treatment (e.g., individual adults/children, group adults); types of presenting problems (e.g., depression, anxiety disorders, posttraumatic stress disorder); and settings (e.g., outpatient facilities including community mental health clinics, psychology training clinics, and university counseling centers; inpatient psychiatric units; and/or primary care settings). Preference is shown for internship applicants with prior clinical experience related to opportunities available at SBU-CIP (e.g., generalist experience in an outpatient facility like the KPC, behavioral medicine, experience in working with disordered eating/bariatric populations, etc.).
- **Substantial knowledge of and experience in Cognitive-Behavioral Therapy models.** Successful applicants must show sound theoretical knowledge of, substantial training in, and experience in delivering treatment according to cognitive-behavioral models of intervention.
- **Scholarship/Research.** Applicants must show a fit with the *clinical scientist* model of training, as demonstrated by research ability/productivity (e.g., peer-reviewed manuscript(s), professional presentations) and a scientific mindedness in the delivery of psychological services (e.g., use of evidence-based treatment, openness to outcome monitoring, knowledge of clinical research as pertains to most common clinical problems).
- **Verbal and writing skills.** Preference is given to candidates who demonstrate good verbal (expressive language) and writing skills (professional, organized, articulate).
- **Intangibles.** Successful applicants demonstrate ability to handle the type of work required during internship (temperament, coping skills, executive skills, interpersonal skills); preference is given to candidates who are flexible, team players, mature, have good interpersonal skills, and are open to feedback.
- **Background Check.** All internship applicants must be eligible to work in the U.S. and must successfully pass an SBU criminal background check and clearance.
- **Pre-Placement Physical.** A pre-placement physical is required to be in compliance with New York State Public Health Code Title 10, 405.3, SBUH Policy and relevant OSHA and NYSDOH regulations including a medical history and physical examination by licensed health practitioner (form to be provided).
- **Immunization.** Due to the SBU Hospital requirements and state mandates for healthcare facilities, before the start of the internship all interns are required to undergo PPD skin tests (or show proof of having undergone a PPD TB skin test [or approved exemption] or equivalent within 12 months prior to starting the internship), proof of one Measles, Mumps, Rubella (MMR) immunization or Titer test, and proof of Varicella (Chicken Pox) vaccination, physician's documentation of disease, or Varicella Titer. Lastly, interns are required to show proof of complete COVID-19 vaccination.

Financial and Other Benefit Support for Upcoming Training Year

Annual Stipend/Salary for Full-time Interns	\$40,000	
Annual Stipend/Salary for Half-time Interns	N/A	
Program provides access to medical insurance for intern?	<u>Yes</u>	No
If access to medical insurance is provided:	<u>Yes</u>	No
Trainee contribution to cost required?	<u>Yes</u>	No
Coverage of family member(s) available?	<u>Yes</u>	No
Coverage of legally married partner available?	<u>Yes</u>	No
Coverage of domestic partner available?	<u>Yes</u>	No
Hours of Annual Paid Personal Time Off (PTO and/or Vacation)	Thirteen (13) legal holidays and Twelve (12) vacation days.	
Hours of Annual Paid Sick Leave	Twelve (12) sick days	
In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns/residents in excess of personal time off and sick leave?	<u>Yes</u>	No
Other benefits (please describe):		
Five (5) professional development days (e.g., dissertation defense, conference, etc.)		

*Note. Programs are not required by the Commission on Accreditation to provide all benefits listed in this table.

Initial Post-Internship Positions
(Aggregated Tally for Preceding 3 cohorts)

	2019-22	
Total # of interns who were in the 3 cohorts*:	15	
Total # of interns who did not seek employment because they returned to their doctoral program/are completing doctoral degree	0	
	Post-doctoral position	Employed position

Academic teaching	4	7
Community mental health center		
Consortium		
University counseling center		
Hospital/Medical Center	8	6
Veterans Affairs Health Care System	2	1
Psychiatric facility		
Correctional facility		
Health maintenance organization		
School district/system		
Independent practice setting		
Other	1	1