

GRAND ROUNDS



Thursday, February 22, 2024

Location: Zoom (please [RSVP](#) for link)

4:30pm- 6:00pm EST

Please RSVP [here](#) or

to bioethics@stonybrookmedicine.edu

Slow Looking: An Essential Skill in the Toolkit of Clinical Diagnosis and Caring

Vincent P. de Luise, MD, FACS and Radhika Patel, BA

The rapid pace of medicine has led to difficulties for physicians and physicians-in-training to find the time and space to have impactful communications with their patients, from history-taking and diagnosis to discussions of care and treatment.

Through techniques of *Slow Looking*, time and space with patients can be optimized. *Slow Looking* and mindful observation of representational and non-representational Art is a skill set which can be learned, internalized and translated to the patient encounter, better to inform the physician and physician-in-training in their analysis, reflection, diagnosis and treatment.

To teach the skill of *Slow Looking*, Radhika Patel will present a rubric for deep visual analysis of portraiture. This rubric provides a logical process by which to approach observing a portrait in order to fully understand it. The goal of this exercise is to develop a way of seeing that can be transferred to the observation of a patient's signs in the setting of clinical diagnosis.

Slow Looking improves empathy and compassion in the patient-physician care journey.

Objective:

To learn a set of observation techniques in viewing representational Art and non-representational Art which can be transferred into the toolkit of clinical examination of the patient for diagnostic decision-making and treatment.



Radhika Patel is a first-year medical student at the Renaissance School of Medicine at Stony Brook University. She received a B.A. in Medical Humanities with a Special Concentration in Business Management from Columbia University. She is continuing her passion for the intersection of art and medicine through her project work with Dr. Vincent de Luise.



Vincent P. de Luise MD FACS is an assistant clinical professor of ophthalmology at Yale University School of Medicine, and a Distinguished Visiting Scholar at the Renaissance School of Medicine at Stony Brook University. He gives an annual course on Visual Perception, Art and Observation at the American Academy of Ophthalmology. His publications on art and music are archived at the Hektoen International Journal of Medical Humanities (hektoen.org)

To learn more about the **Center for Medical Humanities, Compassionate Care and Bioethics** and the Master of Arts program, please visit stonybrook.edu/bioethics/masters